

# ecomaine Recycling Guidelines

## DO *recycle*

**Paper, Plastic, Metal,  
& Glass can all be  
mixed together.**

### PAPER

- All Clean Cardboard, Paperboard & Pizza Boxes
- Newspapers & Inserts
- Magazines
- Mail & Catalogs
- Paper Bags
- Office Paper & Envelopes
- Wrapping Paper
- Phone Books
- Hard Cover Books
- Paper Plates (*clean*)
- Milk & Juice Cartons
- Drink Boxes & Aseptic Containers
- Shredded Paper (put in clear bags)

### PLASTIC

- Water Bottles
- Milk Jugs
- Detergent Bottles
- All rigid containers marked with a #1-#7 (except Styrofoam)
- Plastic Grocery & Large Shopping Bags marked with #2 or #4

### METAL

- Tin Cans
- Aerosol Cans (empty)
- Aluminum Cans/Foil
- Pots & Pans

### GLASS

All glass Bottles & Jars  
(all colors)

***All Containers  
Must Be EMPTY***

## DON'T *recycle*

**Note Size!  
Nothing bigger than  
a 5-gallon bucket**

**Trash/Garbage  
Needles & Sharps  
No Large metal parts**  
car, boat, truck, etc.  
**Wood/lumber  
Propane, helium or**  
other gas cylinders  
**Piping, plastic or metal  
Clothing & shoes**  
**Plastic bags:**

- frozen vegetable
- bread bags
- newspaper bags
- potato or snack
- sandwich
- trash bags

**Plastic wrap or film  
Garden hoses**  
Batteries, alkaline or  
button-cell  
Boat shrink-wrap/tarps  
Bubble-wrap  
Diapers  
Envelopes that are  
plastic or Tyvek®  
Food (compost it)  
Kitty litter  
Knives  
Light bulbs (any type;  
return CFLs to store)  
Paper napkin/towels  
Styrofoam® or  
polystyrene foam  
(even if marked #6)  
Toys  
Vinyl siding  
Waxed paper / boxes

## Know which Plastics to Recycle

With the exception of Styrofoam®, your plastic is recyclable if the answers to all three questions are YES:

1. Does it have a number (1-7) in the middle of the chasing arrows?
2. Is it rigid or hard? (However, large shopping bags *are* recyclable)
3. Is it a container?



## No hazardous waste – ever!

Items categorized as “hazardous waste” must be disposed of carefully and cannot be included with your trash or with single-sort recycling. Such as:

- \* Ammunition
- \* Anti-freeze
- \* Button-cell batteries
- \* CFL light bulbs (compact fluorescent lights)
- \* Chemicals
- \* Computers & related parts
- \* Fertilizers
- \* Fluorescent bulbs (of any kind)
- \* Fuel (gasoline, diesel, kerosene)
- \* Mercury (in any amount)
- \* Oxygen tanks
- \* Paint thinner
- \* Pesticides
- \* Propane tanks
- \* Rechargeable batteries
- \* TVs

However, area transfer stations and recycling centers often offer programs to take this kind of waste.

For more information,

- Go to [www.ecomaine.org](http://www.ecomaine.org)
- Call ecomaine at 773-1738
- Call your town office