



Appointment Committee (Town Council Sub-committee)

MEETING MINUTES

Friday March 22, 2019

1:00 PM-4:00 PM

Town Hall, Lrg Conference Room, Second Floor

Appointment Committee Members Combined

Councilor Asherman

Councilor
Ferrante-Chair

Councilor
Kuhn

In attendance: Andrea, Ted and Amy

1. John Winslow was interviewed for LPAC.

*John will be recommended for LPAC Unanimously approved**

2. Wellness Conversation with Lucky D'Ascanio and Andi Johnson-Darling

Lucky D'Ascanio-thing going on at the Parks & Rec Department

1. Ed Techs are needed for the Summer Programs for children
2. Alzheimer's Education
3. Kim-Seniors Guide
4. Chief Kilbride-education on Senior Scams
5. Walking Programs
6. Brochures 3 times a year
7. Newsletter every 2 weeks
8. Laughter Yoga
9. Senior Stakeholders Group
10. Trails/Sidewalk-Maps-where they are

Andi Johnson-Darling

1. Let's Move it Library
2. Music-movement & educational input
3. Chair based Yoga
4. Mindfulness Eating
5. Money week-college, retirement, education
6. "Taboo Talks" Anxiety, Depression, Suicide, Opioids
-bringing in professionals to speak on topics
7. Family Place Library- bringing in social workers, speech therapists
To connect with families
8. Story Walks-boards that tell story's
9. I.T. Outreach- teaching people to use I-phone, I-pads, computers
10. Art Class, Babysitting Class

Wellness Collaboration -Town and Library Annual Event

Concerts in the Park, Very Merry Christmas, Christmas Tree Lighting

3. Approve Minutes

March 6, 2019 Minutes

Ted motioned, Andrea seconded, Approved unanimously

Meeting Adjourn

Respectfully Submitted, Linda Case

*Amended 10-24-19/lmc**