

Parks and Community Programs Advisory Committee
4/24/2018
4:00 pm
Mason-Motz Conference Center

Meeting Called By: Janet Dye

Note Taker: Andrea Mitttleider

Attendees: Janet Dye, Melanie Collins, Sally Bitan, Joel Glass, Ian Duggan, Andrea Mitttleider, Matt Gilbert, Kim Doyon

Secretary's Report:

March meeting minutes approved.

Report by Kim Doyon, Senior Services Coordinator:

Many programs, classes, workshops, and other events have been developed and carried out in the last year. A few examples:

- Dementia 101/Memory Café
- Living Well for Better Health Workshop
- Living with Chronic Conditions Workshop
- Medication and Food Safety Class for Seniors
- Aerobics/Matter of Balance
- Massage
- Estate Planning
- Comedy Show at Lunt
- Mahjong
- Cribbage
- Book Club

Ms. Doyon has organized meetings with seniors on financial and health topics, as well as meetings that provide social opportunities for them.

Many classes and events are held on a weekly basis, and most are free.

Ms. Doyon has also attended and spoken at several conferences and local community meetings.

The "Senior" Prom is coming up on May 15, and several programs are planned in connection with "Engage at Any Age" month.

She has "lunch bunch" volunteers coming every other week to read stories to the children during lunch.

Falmouth Parks and Community Programs also fosters several high school projects with Falmouth students. A current example is a climate change project on how landscapes have changed, involving FHS student interviews of Falmouth residents regarding their memories of how the town used to look.

An upcoming project involves “Neighbors Helping Neighbors,” in which FHS students will create a framework for connecting seniors who have minor assistance needs (walking the dog, taking trash to the curb, etc.) with those who can help.

Ms. Doyon has also been preparing a Falmouth Resource Guide, which would provide in one place pertinent information on programs and services for seniors such as the food pantry, fire and police departments, parks, library, housing, transportation services, recreation opportunities, places of worship, hotlines, shelters, etc.

Community Programs also puts out a bimonthly newsletter listing upcoming programs and activities for seniors.

Parks Division (by Matt Gilbert):

The division has started opening parks for the season. The gate at Community park was just opened now that the snow is gone and the fields have dried.

The division has been busy clearing branches and debris from the trails.

FCP (by Matt Gilbert):

Lucky D’Ascanio is currently attending the Falmouth, Maine, to Falmouth, UK tercentennial trip.

New carpets have been installed in most of Mason Motz. The removal of asbestos tile and installation of carpet went fairly smoothly, although the carpet order was short and two rooms have temporary carpet while they are waiting for the new carpet to arrive. The new carpet has a ¼ inch rubber backing, so it is much more comfortable to walk on. The cove base and tile in front of the sinks have also been updated.

An upcoming project is the replacement of the door at the end of the Motz wing and the second door by the front office. Some roofing will also be fixed this summer.

The library will be moving into the Mason-Motz complex during its renovation process. Some programs will be held in this building, while others will need to be postponed until the library reopens.

Many of our summer camps are full or filling fast. Very popular is “senior” camp, as well as sports camps and arts and sciences camps, which will be held in the Mason-Motz complex.

The team is having trouble filling all summer positions with qualified councilors. The search is ongoing.

The gym is in use almost every day from 8am until 8pm. They have had to turn away some activities because some time is required for routine maintenance.

Next year's before and after care programs are filling rapidly.

Old Business/New Business:

The tercentennial "Old Home Days" event will be held at Community Park on May 26. The prevalence of ticks in Maine this year was discussed. Andrea will speak with a member of the planning committee to suggest that one of the local vendors offer bug spray. (Update: The Falmouth Middle School PTO will be assisting with a "children's craft table" and will offer free bug spray and sunscreen application there.)

Next Meeting:

The next PACPAC meeting on May 15, 2018 at 3:30, involving a tour of the parks, is scheduled to occur during the "Senior" prom. The tour may need to be rescheduled.