

# New Neighbor Guide

## Including Resources for Seniors



*Welcome!*





Dear Falmouth Resident,

On behalf of the Town of Falmouth, we would like to extend a warm welcome to you as a new member of our community. Falmouth prides itself on its rural character, quality schools, vast network of trails and open spaces, and beautiful coastline. Falmouth residents also enjoy a fiscally-responsible government, and quality roads, services, and utilities. These amenities, along with friendly neighbors and easy access to the Greater Portland area, make Falmouth a great place to live, learn, play, and do business.

The Town government is made up of several departments, staff, elected officials, and volunteers who are working hard to serve our residents. We have created this guide to inform you of Town services and provide you with a directory of Town departments. In addition, you will find a history of Falmouth, a listing of local non-profits, recreational opportunities, and other useful information to help you settle in. You can find even more information on our website at [www.falmouthme.org](http://www.falmouthme.org).

The best way to stay informed about what is happening in Falmouth is to subscribe to our E-Alerts. E-Alerts are emails about important Town meetings, events, ordinance or policy changes, road construction and closures, emergency alerts, and other useful information. We recommend you sign up for News & Announcements and *The Falmouth Focus*, our bi-weekly digital newsletter. You can subscribe to the lists of your choice at [www.falmouthme.org/subscribe](http://www.falmouthme.org/subscribe).

Please feel free to reach out to us at any time with questions or concerns by calling our main number at 207-781-5253. We are excited that you have chosen Falmouth as your new home.

Once again, welcome to town!

Nathan Poore, Town Manager

**TOWN OF FALMOUTH**

271 Falmouth Road • Falmouth, ME 04105 • 207.781.5253  
[www.falmouthme.org](http://www.falmouthme.org)

# Table of Contents

<b>Town Contact Information</b>	<b>6</b>
---------------------------------	----------

<b>A Short History of Falmouth</b>	<b>7</b>
------------------------------------	----------

Earliest Inhabitants .....	7
A Time of Conflict .....	7
Becoming Falmouth .....	8
The 1900s .....	9
Growth and Change .....	11
A New Century .....	12

<b>Town Government</b>	<b>13</b>
------------------------	-----------

Town Council .....	13
Town Manager .....	14
Town Boards and Committees .....	14
Town Departments .....	17
Town Hall .....	17
Assessing .....	19
Fire – EMS .....	19
Falmouth Memorial Library .....	20
Food Pantry .....	21
Information Systems .....	21
Parks and Community Programs .....	22
Police .....	22
Public Works .....	23
Schools .....	24
Wastewater .....	25

<b>Municipal Services</b>	<b>26</b>
---------------------------	-----------

Assessing .....	26
Town Clerk .....	26
Dog Licenses .....	26
General Assistance .....	26
Tax Collection .....	27
Vehicle Inspections .....	27
Vehicle Registration .....	27
Vital Records .....	28
Voter Registration and Elections .....	28
Community Development – Code Enforcement Division .....	30
Post Office .....	30
Public Works .....	30
Trash and Recycling Collection .....	30
Food Waste Composting Program .....	31
Transfer Station .....	31
Town Facilities Map .....	32
Road Repairs Requests .....	34
Spring and Fall Leaf Collection Program .....	34
Public Safety .....	34
Ambulance Fees .....	34
Animal Control .....	34
Burning Permits .....	34
Car Seat Inspection .....	35
Custody Transfer/ Online Purchases Transfer Location .....	35
Drug Take Back .....	35

Fingerprints.....	35
Fire Department Services for Businesses.....	35
Gun Safety .....	36
Noise Policy .....	36
Recovery Coach Program.....	36
Reporting Traffic Light Outages .....	36
Residential Fire Pits .....	36
Traffic Tickets.....	37
Scam Callers .....	37
Winter Parking Regulations .....	37
Sustainability .....	37
Electric Vehicle Charging Stations.....	37
Insects of Concern .....	37
Invasive Plants.....	38
Living Lawns Education Campaign .....	38
Reporting Streetlight Outages.....	39
Solar .....	39
Sustainable Business Recognition Program .....	39
Town Landing .....	39
Boat Moorings .....	39
Launching.....	39
Parking.....	40

## **Recreational Opportunities 41**

Parks and Community Programs .....	41
Open Space Program.....	43
Get Outside in Falmouth .....	44
Town Parks.....	44
Town Open Space Properties .....	45
Falmouth Land Trust Properties.....	46
State/Private-ly-Owned Properties .....	47
Accessible Trails.....	48

## **Other Local Services 49**

Newspapers.....	49
News Stations .....	49
Maine Driver's License Information .....	49
Utilities .....	50
Farmers' Market.....	50
Civic Organizations .....	51
Places of Worship.....	53
Transportation Services.....	54
2-1-1 Maine .....	56

## **Emergency Services 58**

Crisis Phone Numbers.....	58
Hospitals .....	59
Urgent Care .....	59

## **Seniors 61**

Housing Options .....	61
55+ Programs and Activities .....	62
Indoor Walking at Mason-Motz Activity Center .....	62
Senior Property Tax Assistance Program .....	62
Reassurance Program.....	62
The Maine Senior Guide.....	63



# Town Contact Information

Administration Department.....	207-699-5335
Community Development – Code Enforcement Division.....	207-699-5310
Communications.....	207-699-5335
Cumberland County Regional Assessing .....	207-699-2475
Community Television Channel 2 .....	207-699-5317
Emergency Management Hotline.....	207-699-5241
Falmouth Memorial Library .....	207-781-2351
Finance .....	207-699-5311
Fire-EMS Non-Emergency .....	207-781-2610
	Emergency: Dial 911
Food Pantry Emergency Assistance .....	207-632-2687
General Assistance Administrator.....	207-553-5937
	After-Hours Emergencies: 207-807-2055
Information Systems .....	207-699-5219
Long-Range Planning and Economic Development .....	207-699-5340
Marine Unit .....	Office: 207-781-7317, Police Dispatch: 207-781-2300
Open Space.....	207-699-5312
Parks and Community Programs.....	207-699-5302
Community Development – Planning Division .....	207-699-5303
Police Non-Emergency .....	207-781-2300
	Emergency: Dial 911
Public Works .....	207-781-3919
School Department	
District Office .....	207-781-3200
Elementary School .....	207-781-3988
Middle School.....	207-781-3740
High School.....	207-781-7429
Sustainability .....	207-699-5337
Town Clerk.....	207-781-5253
	press 1 for vehicle registration & tax payments, press 2 for Town Clerk
Wastewater.....	207-781-4462

## Get Connected



[falmouthme.org](http://falmouthme.org)



[Twitter.com/MaineFalmouth](https://twitter.com/MaineFalmouth)



[Facebook.com/FalmouthME](https://Facebook.com/FalmouthME)



[Instagram.com/myfavoritefalmouth](https://Instagram.com/myfavoritefalmouth)



E-Alerts are sent to your email about the issues that interest you. To enroll, click “E-Alerts” on our homepage to select the bulletins you want to receive.

*The Falmouth Focus* is a bi-weekly digital newsletter of the Town of Falmouth. Special print editions are sent via mail to residents twice annually. To subscribe to the digital edition, visit [www.falmouthme.org/subscribe](http://www.falmouthme.org/subscribe).

# A Short History of Falmouth

## EARLIEST INHABITANTS

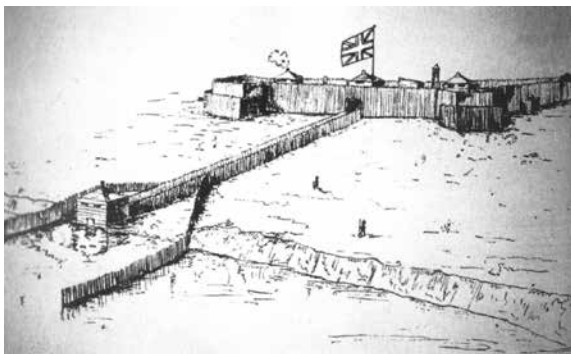
The story of Falmouth, Maine begins long before its incorporation in 1718. Thousands of years before European explorers arrived in Maine, Native Americans made their home along Casco Bay. As many as one thousand Wabanaki lived in a village called Ashamahaga, located on the Presumpscot River. A decade-long war against neighboring tribes and a series of epidemics—diseases introduced by European settlers—decimated Maine's indigenous population. By the time the first Europeans established settlements in Casco Bay, the native population was severely reduced.

## A TIME OF CONFLICT

The first European settler in the Casco Bay region was Christopher Levett who, in 1623, established an outpost on an island in Casco Bay. In his journal, Levett recounts his travel up the Presumpscot River to the falls where he met and was entertained in the home of Skitterygusset, the sachem (leader) of the Presumpscot. Arthur Mackworth, the first settler in what is today's Falmouth, arrived around 1632 and secured title to Mackworth Island, the nearby point, and a significant parcel of land on the east bank of the Presumpscot River. Over the next twenty years, a community began to form around Casco Bay and, in 1658, these settlements were brought together under the control of Massachusetts and given the name of Falmouth.

The Wabanaki initially welcomed Europeans as both partners in trade for European goods and possible allies against their native enemies. Yet, these relatively peaceful relations were short-lived as increasing numbers of Europeans began to settle in the region. Tensions increased, leading to disputes over land and competition among traders. Conflict broke out in 1675, beginning several decades of violence.

In an attempt at peace, and at the bequest of local Abenaki, the English agreed to build a new fort on a point of land east of the mouth of the Presumpscot River. It is believed the fort was located on the grounds of today's Portland Country Club. Named Fort New Casco, it was conceived as a convenient place of trade for the Abenaki and headquarters for defense of England's northern frontier. The site became a frequent venue for negotiations, councils,



*Sketch of Fort New Casco. Courtesy Falmouth Historical Society.*

100

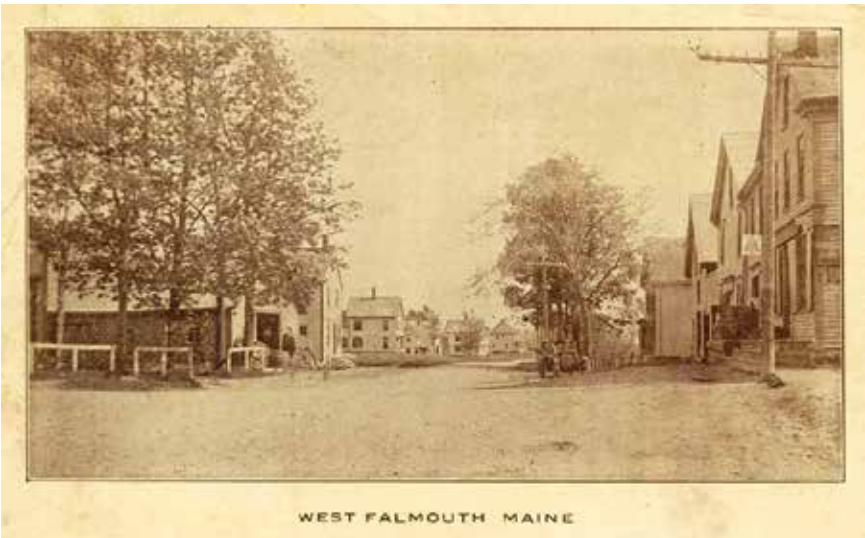




*Birdseye view of West Falmouth Intersection, 1880.  
Courtesy Falmouth Historical Society.*

Casco's rural community began to diverge from the merchant economy of Falmouth Neck (today's Portland). The difference in priorities between these two communities became too difficult to overcome and Portland separated from Falmouth in 1786. Cape Elizabeth and South Portland had already broken away in 1765. Westbrook followed in 1814.

Falmouth's close connections to Portland determined its pattern of growth. Rather than settling around a village center, residents established themselves throughout Falmouth along various roadways leading out of Portland and usually within close range of a water source and mill site. These neighborhoods boasted their own churches, schools, stores, and social clubs. The unique character of these "hamlets" remains a distinct feature of Falmouth even today.



*Postcard of West Falmouth in 1916. Courtesy Falmouth Historical Society.*

## THE 1900s

By the 1900s steamboats were regularly docking at Falmouth's Town Landing, running from Portland to Freeport and to Casco Bay's islands. Eben Ramsdell, then the postmaster of New Casco, and an aspiring developer, divided his land into small lots, selling them to summer residents who built small cottages. Trolley service extended from Portland through



*Underwood Spring Park, circa 1908. Courtesy Falmouth Historical Society.*

Falmouth Foreside and provided Portland's wealthy classes with easy access to Falmouth's scenic coast and resort-like amenities. The construction of Underwood Springs Casino and Park in 1899, and the opening of the Portland Yacht Club (1885) and Portland Country Club (1913) ensured even more tourist traffic to Falmouth.

Beginning in the 1920s, Falmouth began to see a new trend called net in-migration, a population increase greater than the difference between the number of births and deaths. Demographers attribute this to the rise of the automobile which increased mobility and allowed people to live further away from where they worked. With these changes the role of Falmouth's town government began to expand beyond the construction and maintenance of roads and bridges, distributing aid to the poor, and overseeing schools. The Town purchased large equipment such as snowplows, buses, fire engines, and tractors, installed hydrants and electric lights, took over the care of several cemeteries, established parks, and allocated spending to promote tourism. In 1918, the Town voted to allocate money towards a commemoration of its 200th anniversary and, in 1922, funded an Old Home Days event. Increased governance required more space for town offices and officials, thus, in 1927, a second story was added to the Town Hall originally built in 1899.



*Falmouth's 1925 REO Fire Engine.*



*Falmouth Town Hall, 1920s.*

*Photos courtesy Falmouth Historical Society.*

## GROWTH AND CHANGE

Falmouth experienced significant growing pains from 1947 to 1957. To address this issue, the Town organized its first Planning Board in 1948 and created its first zoning ordinance in 1952. During these boom years, the school population increased 81%, leading to the construction of new middle and high schools. Land use at this time was still primarily agricultural. The construction of the interstate highway system, including I-295 and the Maine Turnpike, physically divided the community in half, with the majority of residents living east of I-95. These new roads decreased travel time for commuters who found Falmouth's proximity to Portland and its rural character attractive, further propelling the town's dramatic growth.



*Falmouth Town Landing, circa 1950.  
Courtesy Falmouth Historical Society.*

Growth also led to the development of new recreational opportunities for Falmouth's residents. The public pier and beach at Town Landing were improved and parking expanded. The Town maintained Skitterygusset Pond on Lunt Road and a small pond in West Falmouth near Gray Road for ice skating. In 1956, the Falmouth Playground Association formed to create a central area for sports and recreation. In conjunction with the American Legion, which provided a 99-year lease on approximately 27 acres on Depot Road, the community-wide endeavor resulted in the creation of three baseball fields, two tennis courts, a surface area for badminton, volleyball or basketball, and a skating rink. With these new public facilities in place, an athletic program began in 1957 at the junior and senior high schools.



*Ice skating in Falmouth, circa 1930.  
Courtesy Falmouth Historical Society.*

Falmouth's 1963 Town Plan noted that the town's proximity to Portland would ensure steady residential and commercial growth for the foreseeable future. Most residents at this time found their employment and family incomes through opportunities elsewhere in the region. The plan proposed continued commercial development, like the new Falmouth Shopping



*Falmouth Shopping Center, circa 1970. Courtesy Falmouth Memorial Library.*

Center on Route 1 and new commercial development at the intersection of Gray Road, the Falmouth Spur, and the Maine Turnpike. Additionally, the plan advised industrial development both on Gray Road and on Route 1 north of the Spur. The plan also noted that Falmouth had almost a total lack of public land, and recommended the acquisition of land for future schools, recreational and conservation areas, and municipal uses.

The closing decades of the 20th century saw a significant loss in Falmouth's farmland and forests due to increased development. Falmouth's citizens responded to this loss by supporting the creation of a Conservation Commission and efforts to conserve land for recreation and wildlife habitats.

## **A NEW CENTURY**

---

In the 21st century, Falmouth continues to grow. Today, over 12,000 people make Falmouth their home. The town covers approximately 32 square miles from the coastline to rural areas further inland. Falmouth is a vibrant, independent town that provides most services to citizens itself. Cooperative agreements with regional agencies and neighboring communities help to round out a full program of services. Falmouth's schools are ranked as some of the best in Maine, attracting families to settle here. Its proximity to Portland and ease of access to the interstate and turnpike still make it a practical choice for commuters. Falmouth is also home to a large and active senior community. Attractions in Falmouth include the local harbor and town landing, two public boat launches, indoor and outdoor skating facilities, a library, cinema, theater, shopping centers, thirteen parks (including six playgrounds), fifty-five miles of trails, nine tennis courts, and other recreational facilities, and three golf courses.

As this new century of growth and change continues, residents and Town officials are more committed than ever to maintaining a thriving, vibrant, and attractive community for future generations.



# Town Government



*1940 Annual Town Meeting held at Falmouth Town Hall. Courtesy Falmouth Historical Society.*

From its incorporation in 1718, Falmouth was governed by a Town Meeting style of government. Elected selectmen formed the administrative body and residents met annually to vote on proposed budgets and policy decisions. In 1962 Falmouth shifted to the Council-Manager form of government used today. Under this system an elected Town Council provides political leadership while a Town Manager and other professionals are hired to implement the policies established by the Council and manage day-to-day operations.

## TOWN COUNCIL

---

The Town Council is the governing body of the Town and consists of seven councilors who are elected at-large. Each councilor may serve two consecutive terms of three years each. The Council elects a Chairperson from among its members following each election. The Chairperson presides at all Council meetings and acts as the Town official designated to represent the Town in agreements with other government entities. The Chair has no administrative duties except as required to carry out the responsibilities outlined in the Town Charter.



*Town councilors participate in an annual workplan retreat to establish priorities and goals for the coming year.*



Town Council meetings are held on the 2nd and 4th Mondays of the month at 7:00pm. In-person meetings are held at Town Hall in the Council Chambers or virtually via Zoom. Meetings are live streamed on the town website.

For more information and to contact the Council:  
[www.falmouthme.org/town-council-town-manager](http://www.falmouthme.org/town-council-town-manager)

## TOWN MANAGER

---

The Town Manager is the chief administrative officer and the head of the administrative branch of the Town government. The Town Manager is responsible to the Council for the proper administration of all affairs of the Town.

To contact the Town Manager: [www.falmouthme.org/town-council-town-manager](http://www.falmouthme.org/town-council-town-manager)

## TOWN BOARDS AND COMMITTEES

---

There are several Town boards, committees, and commissions. They are comprised of appointed resident volunteers to advise, inform, and assist the Town Council concerning matters within subject areas.

More information about boards, committees, and commissions is available on the Town website. Residents interested in serving on a board, committee or commission may download an application from the website or contact the Town Clerk's office at 207-781-5253.



*Members of the Town Council and Conservation Commission participate in a tree planting in May 2021.*

## ACTIVE BOARDS, COMMITTEES, AND COMMISSIONS

**Appointments Committee:** sub-committee of the Town Council that is charged with reviewing applications made by volunteer citizens to serve on the standing and ad-hoc boards and committees of the Town. This Committee makes recommendations to the Council as to applicants who wish to fill vacancies in those boards and committees. It may also be directed by the Council to perform policy analysis of matters pertaining to appointments and personnel.

**Board of Assessment Review:** responsible for reviewing and revising appeals from property owners and assessment appeals denied by the Town Assessor.

**Board of Sewer Appeals:** responsible for determining whether the decisions of the Town Wastewater Superintendent or Engineer conform with the provisions of the Sewer Ordinance.

**Board of Zoning Appeals:** responsible for hearing and deciding administrative appeals of decisions made by the Code Enforcement Officer, variance applications, and conditional use applications.

**Community Development Committee:** sub-committee of the Town Council charged with the preparation of zoning amendments and providing recommendations to the Council on land use related issues.

**Community Wellness Committee:** charged with determining best strategies and practices to inform and promote wellness for Falmouth residents. The Committee is also responsible for distributing Town funds to area social service agencies.

**Ad-Hoc Climate Action Planning Committee:** charged with overseeing the development of the Falmouth Climate Action Plan with the assistance of Town staff and the Greater Portland Council of Governments Sustainability staff and providing recommendations to the Town Council.

**Conservation Commission:** strives to protect the natural resources of Falmouth and improve the Town's ecological integrity and wildlife diversity. The Commission increases public awareness of the intrinsic value of the Town's natural resources and works to study and conserve them.

**Economic Improvement Committee (FEIC):** encourages and promotes economic development within the town and undertakes and supports activities aimed at enhancing the economic well-being of the community. Additionally, the Committee provides advisory assistance to the Town Manager and Town Council for matters pertaining to economic development including policy development, strategic planning, and land use.

**Falmouth Memorial Library Board of Trustees:** 12-member governance board of the Falmouth Memorial Library of which the Town Council appoints three members for 3-year terms. The Library is a 501(c)(3) non-profit institution depending on public tax support from the Town and the generous donations of library supporters. See also page 20.

**Finance Committee:** sub-committee of the Town Council which reviews the Town Manager's draft budgets and other financial practices to ensure that the Town Council's policies are conveyed. This Committee performs the following tasks: (1) Acts as the Town's official Audit Committee, (2) Reviews and makes recommendations to the Town Manager and Council on the Annual Operating Budget, (3) Reviews and makes recommendations to the Town Manager and the Council on the Capital Improvement Plan Budget to address the long range needs of Town, and (4) Performs analysis of other policies and procedures that impact the financial and budgetary position of the Town, as directed by the Town Council.

**Harbor / Waterfront Committee:** works with the Harbormaster to develop and present recommendations to the Council on the orderly use of the coastline, anchorage, moorings, and related town-owned property.



*Falmouth Town Landing.*

**Highland Lake Leadership Team (HLLT):**

partnership between the Towns of Windham and Falmouth, the Highland Lake Association, and other stakeholders. The HLLT was created to improve and maintain the water quality of Highland Lake for the benefit of the residents, the Towns, and future generations.



*Loon on Highland Lake.*

**Land Management & Acquisitions Committee (LMAC):**

advises the Town Council on matters related to Land Management and Acquisition.

Land management and acquisition includes land acquisition, planning, and evaluation, and managing the Town's designated open space including all accessory uses, trails, and facilities.

**Long Range Planning Advisory Committee (LPAC):** advises the Town Council on the land use policies of the Town and any other projects assigned to it by the Council in accordance with the annual work plan.

**Ordinance Committee:** sub-committee of the Town Council charged with researching and drafting proposed ordinances on non-land use issues as directed by the Council.

**Parks and Community Programs Advisory Committee (PACPAC):** advises and cooperates with the Parks and Community Programs Director so that a progressive community program may be initiated and maintained. PACPAC advises the Town Council and other Town boards and committees on matters related to the Town's facilities, parks, recreation, and senior programming.

**Planning Board:** implements the recommendations of the comprehensive plan by regulating development practices. With the assistance of Town staff, the Board reviews proposals for subdivisions, private ways, commercial site plans, and shoreland zoning permits.

**Recycling & Energy Advisory Committee (REAC):** advises the Town Council on matters relating to the Town's solid waste recycling program, energy efficiency, and other related matters deemed appropriate by the Council.

**Retail Marijuana Committee:** sub-committee of the Town Council charged with making recommendations to the Council regarding zoning amendments and licensing requirements as needed, related to retail (commercial) marijuana enterprises in Falmouth.

**Shellfish Conservation Commission:** responsible for establishing the number of shellfish licenses to be issued annually, surveying the local shellfish resource annually and keeping records of the same, and keeping the local ordinance updated.

# TOWN DEPARTMENTS

---

## TOWN HALL

### *Hours of Operation*

Monday	7:00am - 4:30pm
Tuesday	8:00am - 4:30pm
Wednesday	8:00am - 4:30pm
Thursday	8:00am - 4:30pm
Friday	Closed

\*Town Hall is closed on all federal holidays and Patriots' Day (third Monday in April). Services are limited on election days.

271 Falmouth Road  
Phone: 207-781-5253  
Fax: 207-781-3640

## Administration

The Administration Department includes the Town Manager and Assistant Town Manager.

## Town Clerk

The Town Clerk is the keeper of the public record, for the past and the present. The Town Clerk's Department is responsible for tax collection, vehicle registrations, issuing licenses and permits, supervising and coordinating elections, maintaining voter registration information, recording vital records, and administration of the General Assistance program for the Town.

## Falmouth Community Television Channel 2

FCT Channel 2 is a governmental and educational facility. Core programming consists of local governmental and school meetings, special school events, and a message board that runs community service announcements. Weekly program schedules and on-demand video can be found online at: [www.falmouthme.org/cable-tv-fct-channel-2](http://www.falmouthme.org/cable-tv-fct-channel-2).

Regular broadcast schedule of Town meetings:

Planning Board 6:30pm (monthly)

School Board 7:00pm (monthly)

Town Council 7:00pm (twice monthly)

The most recent meeting is rebroadcast each day at 9:00am and 7:00pm. Board of Zoning Appeals meetings are not broadcast live but can be viewed online within 24 hours following the meeting.

## Communications

The Town of Falmouth Communications Department is committed to actively communicating with residents and working effectively and efficiently to inform a diverse population about the issues, programs, services, and initiatives that impact their community and their lives.

The goals of our communications are to:

- Effectively and efficiently inform residents about Town activities, programs, policies, ordinance reviews/changes, and services;
- Enhance communications between the Town and its residents; and
- Increase resident engagement in Town government.

Residents are encouraged to subscribe to our News & Announcements E-Alerts at [www.falmouthme.org/subscribe](http://www.falmouthme.org/subscribe), follow us on social media, and visit our website ([www.falmouthme.org](http://www.falmouthme.org)) often to find the most up-to-date and accurate information about Town business and activities.

*The Falmouth Focus* is a bi-weekly digital newsletter of the Town of Falmouth. Special print editions are sent via mail to residents twice annually. Visit

[www.falmouthme.org/subscribe](http://www.falmouthme.org/subscribe) to subscribe to the digital edition.



### **Community Development — Code Enforcement Division**

The Code Enforcement Division is responsible for

- Administering and enforcing the Zoning and Site Plan Review Ordinance and the Floodplain Management Ordinance.
- Administering and enforcing Federal, State, and Local regulations governing construction projects.
- Ensuring compliance with these rules and regulations by reviewing plans prior to construction and conducting ongoing inspections.
- Issuing all permits associated with construction projects, e.g., building, plumbing, heating, and electrical.
- Providing research, technical, and staff support to the Board of Zoning Appeals.

### **Community Development — Planning Division**

The Planning Division is responsible for

- Providing research and technical assistance to the Town Manager, Town Council, Planning Board, Community Development Committee, Conservation Commission, other department heads, and our citizens.
- Providing comprehensive review of development proposals requiring Planning Board approval including subdivisions, private ways, site plans, and certain uses within the Shoreland Zone.

### **Finance**

The Finance Department is responsible for all financial transactions, revenue, and disbursements of the Town, which include processing warrants and payrolls. This Department manages all cash, investments, and insurances as well as all debt service and writing bonds. The Department is responsible for annually completing a Comprehensive Annual Financial Report and both an Operating and Capital Budget. Managing the purchasing process is also part of the Finance Department's responsibilities. The purchasing process includes the maintenance of all bid specifications, bid tabulations, and bid awards.



## Long-Range Planning and Economic Development

The Long-Range Planning/Economic Development Department oversees the development of plans on a wide variety of topics, including the town-wide Comprehensive Plan, Open Space Plan, Bicycle-Pedestrian Plan, Economic Development Strategy, plans for Route 1 and Route 100, and town-wide Strategic Watershed Management Planning.



*Residents gather at a public forum to give input regarding proposed projects.*

## Sustainability

The Sustainability Coordinator works with all Town departments on energy and sustainability issues and policies. The coordinator serves as staff support for the Recycling and Energy Advisory Committee (REAC), Conservation Commission, Ad-Hoc Climate Action Planning Committee, Shellfish Conservation Commission, and the Highland Lake Leadership Team (HLLT).

## ASSESSING

### *Hours of Operation*

Monday–Friday, 8:00am–4:30pm

25 Pearl Street, Portland, Maine 04101

207-699-2475

Email: [assessor@cumberlandcounty.org](mailto:assessor@cumberlandcounty.org)

The Town of Falmouth has partnered with the Cumberland County Regional Assessing Program (not located in Town Hall). The Role of the Assessor's office is to establish a value for all real and personal property for tax purposes and to maintain ownership records as required by the State of Maine.

## FALMOUTH FIRE – EMS

### *Hours of Operation*

Monday–Friday, 8:00am–4:30pm

8 Bucknam Road

Phone: 207-781-2610

Fax: 207-699-5268

Emergency Number: 911

Falmouth Fire-EMS responds to over 2,000 emergencies each year. The Department is a combination Fire-EMS department made up of



fulltime, part-time (per diem), and on-call firefighters and EMS providers. The Fire-EMS Headquarters is located at Central Fire Station at 8 Bucknam Road. Falmouth Fire-EMS provides emergency services from three stations. Three ambulances run over 1,400 medical calls each year. Crews provide stand-by coverage at numerous special and athletic events each year. The Department offers business and community education including CPR and first aid courses, car seat, Knox box, and smoke alarm inspections, and fire extinguisher training.

**Emergency Management**

The Falmouth Emergency Management (EMA) Team works closely with all Town departments and non-government entities to assist with preparing for potential emergencies. Employees are trained and prepared to respond in a coordinated fashion to safeguard and minimize loss of property and life. The Town partners and collaborates with the American Red Cross, Cumberland County, State of Maine, and the Federal Emergency Management Agencies.



Falmouth Emergency Management Agency Hotline: 207-699-5241  
Please call the EMA hotline for up-to-date information during a large-scale emergency. The EMA hotline will contain information about road closures, power outages, evacuation orders, and emergency shelters.

Sign up for Emergency Management E-alerts email updates at:  
[www.falmouthme.org/subscribe](http://www.falmouthme.org/subscribe)

Emergency Management information is also posted on the Town’s social media accounts.

For more information on public safety services, see page 34.

**FALMOUTH MEMORIAL LIBRARY**

*Hours of Operation*

Monday	9:30am- 5:00pm
Tuesday	9:30am- 5:00pm
Wednesday	9:30am- 7:00pm
Thursday	9:30am- 5:00pm
Friday	9:30am- 5:00pm
Saturday	9:30am- 5:00pm
Closed Sundays and Holidays	



5 Lunt Road  
207-781-2351  
[www.falmouthmemoriallibrary.org](http://www.falmouthmemoriallibrary.org)

The Library is a 501(c)(3) non-profit institution depending on public tax support from the Town of Falmouth and the generous donations of library supporters. The Library enhances the quality of life of our community by inspiring lifelong learning, providing free and open access to information, and fostering community connections. See also page 15.

## FOOD PANTRY

Falmouth Food Pantry is located adjacent to Town Hall. For over 30 years the Falmouth Food Pantry has been serving the needs of citizens in Falmouth and surrounding communities (Cumberland, Yarmouth, Portland, and Westbrook). The Food Pantry currently serves approximately 350 families.



If you need emergency food assistance, please call 207-632-2687.

The best way to support the Falmouth Food Pantry is through monetary donations. Donations should be made payable to the Falmouth Food Pantry and mailed to 271 Falmouth Road, Falmouth, ME 04105. Donations may also be made online via PayPal at: [www.paypal.com/fundraiser/charity/1807575](https://www.paypal.com/fundraiser/charity/1807575)

## INFORMATION SYSTEMS

### *Hours of Operation*

Monday—Thursday, 8:00am—4:30pm

Friday 8:00am—12:00pm

2 Marshall Drive  
207-699-5219

The Information Systems Department is responsible for providing development, maintenance, training, and oversight of the Town's computer and information systems, including supporting users' remote sites, servers, hardware and software, GIS, web site, phone system, security system, and the town-wide area network.

## PARKS AND COMMUNITY PROGRAMS

### *Hours of Operation*

Monday	8:00am–5:00pm
Tuesday	8:00am–5:00pm
Wednesday	8:00am–5:00pm
Thursday	8:00am–5:00pm
Friday	8:00am–12:00pm

Mason-Motz Activity Center, 190 Middle Road  
207-699-5302

The Falmouth Parks and Community Programs Department oversees open space management, parks, recreation, athletics, senior programs, and facilities scheduling. The Department is responsible for providing supplementary educational, active and passive recreational, cultural, social and wellness opportunities for



*Falmouth Parks and Community Programs annual concert in the park series.*

members of our community as well as maintaining all Town parks, the management of open space and conservation properties and other various town-owned properties. For more information, see page 41.

## POLICE

### *Hours of Operation*

Open 24-7

2 Marshall Drive  
Phone: 207-781-2300  
207-781-4154 TTY  
Fax: 207-781-3448  
Emergency Number: 911



The Falmouth Police Department currently consists of 20 full-time sworn officers, 8 full-time communications personnel, an administrative assistant, and 7 part-time personnel. The Department has a marine unit that consists of one full-time sworn officer, a part-time assistant, and 2 summer park rangers, and operates out of the Town Landing facility with a 27' Safe Boat.

The Falmouth Police Department is one of the first agencies in the state to receive Maine Law Enforcement Accreditation.

For more information on public safety services, see page 34.

### **Marine Unit**

Town Landing Road

Phone: 207-781-7317 (Office)

207-781-2300 (Police Dispatch)

Fax: 207-781-7317

The Marine Unit of the Police Department provides emergency services for the waterfront of the Town and the four islands within town borders. Located within the waterfront are public beaches, two yacht clubs, the Town Landing pier facility with its associated boat launching ramp, and approximately 1,150 pleasure and fishing boats. The Marine Unit conducts joint patrol with the U.S. Coast Guard, Cumberland County Sheriff's Department, Maine Marine Patrol, and surrounding harbormasters.



In addition to providing security and emergency services from this area, the division monitors parking in the two parking lots for the public beaches and pier and the inspection and placement of all moorings as well as issues annual and daily permits for the use of the facility. The marine unit also conducts water quality testing for the beaches.

For more information on Marine Unit Services, see page 39.

### **PUBLIC WORKS**

*Hours of Operation*

Monday–Thursday, 7:00am–4:30pm

101 Woods Road

207-781-3919

The Public Works Department manages road reconstruction and paving, public road maintenance, drainage systems, street sweeping, snow plowing, street trees, solid waste, recycling and the Transfer Station, including curbside trash and recycling services, and composting. For more information on Public Works services, see page 30.



## Transfer Station

### Hours of Operation

Monday	Closed
Tuesday	12:00pm–4:00pm
Wednesday	Closed
Thursday	12:00pm–4:00pm
Friday	7:00am–5:00pm
Saturday	9:00am–5:00pm
Sunday	Closed

62 Woods Road  
207-781-3141

The Transfer Station, located at the site of the former landfill facility on Woods Road, provides residents with a wide range of recycling and disposal services. For more information, see page 31.

## SCHOOL DEPARTMENT

[www.falmouthschools.org](http://www.falmouthschools.org)

The principals at each school send weekly Principal's Notes to school families via email through the parent alert system. The Notes can also be viewed on the School Department website. Contact the office administrator at each school to sign up for Principal's Notes.

### Falmouth District Office

#### Hours of Operation

Monday–Friday, 8:00am–4:00pm

51 Woodville Road  
Phone: 207-781-3200  
Fax: 207-781-5711

### Falmouth Elementary School

58 Woodville Road  
Main Office: 207-781-3988  
Fax: 207-347-3130

### Falmouth Middle School

52 Woodville Road  
Main Office: 207-781-3740  
Fax: 207-321-0108

### Falmouth High School

74 Woodville Road  
Main Office: 207-781-7429  
Fax: 207-781-3985



The School Department provides bus transportation for students. Visit the School Department website ([falmouthschools.org](http://falmouthschools.org)) for more information.



*Falmouth School Complex on Woodville Road.*

## **WASTEWATER**

### *Hours of Operation*

Monday–Friday, 7:00am–3:00pm

96 Clearwater Drive

Phone: 207-781-4462

After Hours Phone: 207-781-4462

Fax: 207-781-2052

The Wastewater Department's primary mission is to provide the highest possible sewage treatment in the most cost-effective manner for our ratepayers. In so doing, we underscore our commitment to improve the water quality of the Presumpscot River Estuary and Casco Bay.



*Falmouth's wastewater treatment facility off Clearwater Drive.*

# Municipal Services

## ASSESSING

---

### HOMESTEAD EXEMPTION

The homestead exemption provides a reduction of up to \$25,000 in the value of your home for property tax purposes. The exemption applies to any residential property that is assessed as real property. To qualify:

- You must be a permanent resident of Maine
- The home must be your permanent residence
- You must have owned a home in Maine for the twelve months prior to applying
- You may not have a homestead exemption in any other state
- An application must be filed on or before April 1 with the municipality where the property is located.

Once the exemption has been approved, it will remain in effect as long as your ownership and residency status remain unchanged. The homestead exemption application is available at Town Hall or you may download the application at: [www.maine.gov/revenue/sites/maine.gov.revenue/files/inline-files/homesteadapp.pdf](http://www.maine.gov/revenue/sites/maine.gov.revenue/files/inline-files/homesteadapp.pdf)

### ADDITIONAL EXEMPTIONS

For information on additional exemptions such as widow and veteran exemptions visit: [www.maine.gov/revenue/taxes/tax-relief-credits-programs/property-tax-relief-programs/property-tax-exemptions](http://www.maine.gov/revenue/taxes/tax-relief-credits-programs/property-tax-relief-programs/property-tax-exemptions)

## TOWN CLERK

---

### DOG LICENSES

State law requires that any dog over age 6 months must be licensed annually by January 1. The license is good for one year and expires on December 31. Owners may begin registering their dogs on October 15. The fee to register a neutered/spayed dog is \$6 and \$11 for an unaltered male or female. After January 31, a \$25 late fee will be charged in addition to the registration fee.

Registration is available at the Clerk's Office or online at [https://apps1.web.maine.gov/cgi-bin/online/dog\\_license/index.pl](https://apps1.web.maine.gov/cgi-bin/online/dog_license/index.pl)

### GENERAL ASSISTANCE

The General Assistance (GA) program in Maine is administered by each municipality to provide immediate help to eligible people who do not have enough money for basic needs, such as rent/mortgage, food, heating fuel, medications, non-elective medical care, and other items that are essential to maintain themselves or their families. To receive GA, people must follow program rules and meet the eligibility requirements. Assistance will be granted for no longer than one month, although it may be granted for shorter periods, such as a week at a time. To begin the application process, call Valerie Fitzgerald, GA Administrator, at 207-553-5937. For emergencies when the office is closed, call 207-807-2055, or dial 211.

## TAX COLLECTION

Real Estate property taxes are billed and collected twice each fiscal year (due on the first Thursday of November and May). Taxes paid after the due dates are assessed a penalty interest rate. Personal property taxes (business equipment, machinery, etc.) are billed once each fiscal year (due on December 1). Personal property taxes paid after this date are assessed a penalty interest rate. Tax bills are issued via mail.

Any citizen may apply for a property tax abatement for their primary residence for reasons of infirmity or poverty. Applications are available online or through the Town Clerk's Office.

## VEHICLE INSPECTIONS

State law requires that all vehicles be inspected on an annual basis. Most car dealerships and auto repair shops will complete these inspections for a minimal fee. A current registration must be presented at the time of inspection.

## VEHICLE REGISTRATION

The State of Maine has authorized the Town of Falmouth to register certain automobiles, trucks, and recreational vehicles. Motor vehicle registration renewals can be done online via the State of Maine Rapid Renewal Service at: [www.maine.gov/online/bmv/rapid-renewal](http://www.maine.gov/online/bmv/rapid-renewal) or in person at Town Hall. New vehicle registrations must be done in person at Town Hall.

During registration, an excise tax is paid and kept by Falmouth. Other registration fees are collected and forwarded to the State of Maine. The excise tax is based on the sticker price, or original list price of the vehicle. A mil rate of \$24.00 per thousand is charged to a new vehicle. Each year the mil rate reduces until the vehicle is 6 years old. The minimum rate is \$4.00 per thousand.

A 5.5% sales tax, unless paid to a dealer, is collected at the time of registration. The sales tax is based on the purchase price of the vehicle. If not purchased from a Maine dealer, proof of sales tax paid is required. Sales tax paid must equal Maine's 5.5% rate or the difference will be collected.

Other fees such as registration fee, title fee, and agent fees are also collected at the time of registration.

The standard (Chickadee) plate issue fee is \$35.00. Specialty plates (i.e. conservation "loon" plates, university plates, lobster plates, and "black bear" scholarship plates) are available for an additional \$20.00 fee for the first year and \$15.00 for each subsequent year. "Vanity" plates are an additional \$25.00 and must be obtained at a Motor Vehicle Branch Office.

For more information on the documentation required to register a vehicle, visit: [www.falmouthme.org/tax-collection-vehicle-registration/pages/vehiclerecreational-registration-faq](http://www.falmouthme.org/tax-collection-vehicle-registration/pages/vehiclerecreational-registration-faq)

## VITAL RECORDS

Maine is a closed record State. Individuals requesting a certified copy of a vital record (birth, marriage, death) must complete a written request or application ([www.falmouthme.org/town-clerk/pages/request-for-non-certified-copy-of-vital-record](http://www.falmouthme.org/town-clerk/pages/request-for-non-certified-copy-of-vital-record)), provide acceptable identification, and, depending on the record requested, may have to demonstrate their direct and legitimate interest and/or lineage. The cost for a certified copy of a vital record is \$15 and \$6 for each additional copy of the same record.

## VOTER REGISTRATION AND ELECTIONS

Residents may register to vote at the Town Clerk's Office at Town Hall during regular business hours. Residents may also register on Election Day at the polling location. Residents registering to vote prior to any election must provide a valid I.D. and proof of residency (ex. driver's license, tax bill, official piece of mail, not junk mail)

Falmouth has two voting districts. Residents must update their voter registration cards every time there is a change to their information, even a change of address within Falmouth, because their district may have changed. Districts, depending on the election, do impact which ballot residents receive.

Absentee ballots will be available 30 days prior to the election. There are four ways to request an absentee ballot:

- By Phone: Call and request your own ballot, which will be mailed to the address you provide. Call the Voter Registrar in Falmouth at: 207-699-5320 or 207-699-5308.
- Electronically: Request state ballots electronically using the Secretary of State's online absentee ballot request service at: [apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl](http://apps.web.maine.gov/cgi-bin/online/AbsenteeBallot/index.pl)
- By Mail: Print the Absentee Ballot Request Form on the Town website. Mail the form to Falmouth Town Hall, 271 Falmouth Road, Falmouth, Maine 04105.
- In Person: Request a ballot at Falmouth Town Hall.



*Absentee ballots may be dropped in the secure lock box at Town Hall.*

Elections are held at the Falmouth High School Gym (74 Woodville Road).

For more information on elections visit:

[www.falmouthme.org/town-clerk/pages/election-information](http://www.falmouthme.org/town-clerk/pages/election-information)

*continued on page 30*





*Edward La Salle's 1940 illustrated map painting of Falmouth. This painting hangs in the Clerk's Office at Town Hall.*



Residents can apply to serve as election clerks here:

[www.falmouthme.org/town-clerk/webforms/election-clerk-application-form](http://www.falmouthme.org/town-clerk/webforms/election-clerk-application-form)

Additional Clerk's Department Services:

- Sole Proprietor
- Door to Door Solicitation Permits
- Event Permits
- Liquor Licenses
- Marriage Intentions
- Notary Services
- Special Amusement Permits

## **COMMUNITY DEVELOPMENT – CODE ENFORCEMENT DIVISION**

Contact the Code Enforcement Division at 207-699-5310 for information on obtaining construction related permits and food service licenses.

## **POST OFFICE**

Falmouth does not have a local post office. Most mail services are provided through a small office located at Shaw's Supermarket in the Falmouth Shopping Center. Post office boxes are available at Shaw's and at The UPS Store on Route 1 in Falmouth. Other services can be obtained from the post office located on Forest Avenue in Portland. Cumberland and Yarmouth also have post offices.

Remember to complete a change of address form upon moving.

There is one zip code for the entirety of Falmouth: 04105

There is one area code for all of Maine: 207

Falmouth is located in Cumberland County, Maine.

## **PUBLIC WORKS**

### **TRASH AND RECYCLING COLLECTION**

Falmouth has a "pay-per-bag" trash collection system.

For a list of where to purchase yellow Falmouth trash bags, visit

[www.falmouthme.org/curbside-trash-and-recycling/pages/trash-collection](http://www.falmouthme.org/curbside-trash-and-recycling/pages/trash-collection).

For disposal of bulky items, see page 31.

Recycling bins are available at Public Works. New residents receive their first recycling bin free of charge. ecomaine's Recyclopeda provides information on what items can and cannot be recycled:

[www.ecomaine.org/what-can-be-recycled/recyclopeda/](http://www.ecomaine.org/what-can-be-recycled/recyclopeda/).

Trash and recycling bins must be placed at the curb by 7:00am on the scheduled pick-up day. View the collection schedule here: [www.falmouthme.org/trash-recycling-and-composting/pages/curbside-collection-schedule](http://www.falmouthme.org/trash-recycling-and-composting/pages/curbside-collection-schedule).

## FOOD WASTE COMPOSTING PROGRAM

Residents may bring their food waste to free drop-off kiosks at the Transfer Station (during opening hours), Community Park (anytime), and Village Park, next to Casco Bay Ice Arena (anytime). Residents may also purchase a backyard compost bin from Public Works.

The Falmouth Public Works Department composts leaf and lawn waste at the Transfer Station which is available each spring for Falmouth residents to purchase while quantities last. This screened organic compost is great for vegetable gardens, flower beds, and for top-dressing your lawn to provide healthy, natural nutrients. The cost of the compost is \$20 per cubic yard. For more information contact the Public Works office at 207-781-3919.

Additional information on recycling and waste reduction is available on the Town website Sustainability Department page: [www.falmouthme.org/recycling-waste-reduction](http://www.falmouthme.org/recycling-waste-reduction)



*Residents may bring their food waste to one of three free drop-off kiosks in Falmouth.*

## TRANSFER STATION

The Transfer Station, located at the site of the former landfill facility on Woods Road, provides residents with a wide range of recycling and disposal services. Residents must have a valid vehicle permit sticker in order to enter the Transfer Station. Permit stickers can be purchased for \$5 at either the Clerk's Office or Public Works. These stickers are also required for use of the resident only parking at Town Landing. Stickers are currently valid for one calendar year.

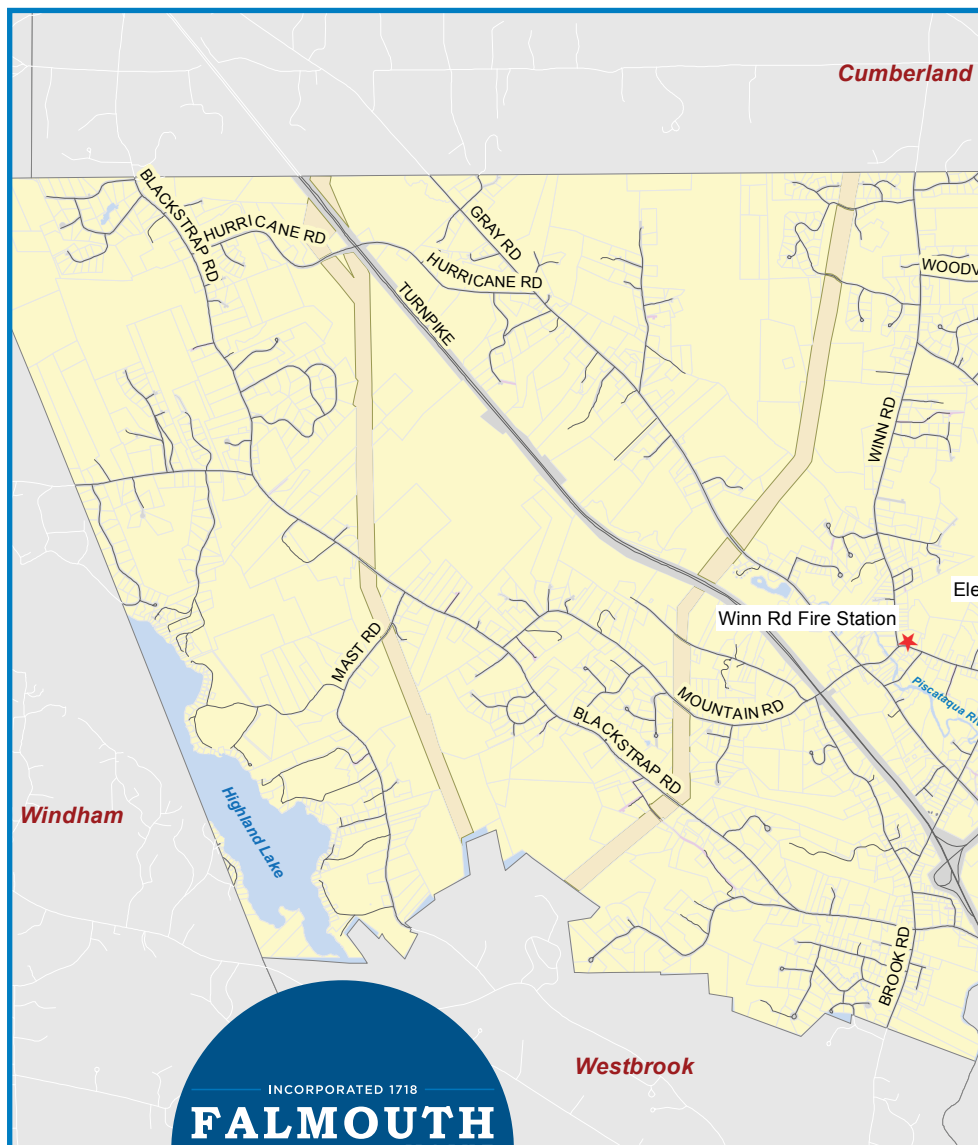
Disposal of certain materials requires disposal tickets. Tickets can be purchased at the Clerk's Office, Public Works, Shaw's, Hannaford, Town Landing Market, and Waldo's.

Bulky items weighing 35 pounds or less and large items weighing no more than 100 pounds (limit one item per week) can be picked up curbside but must be affixed with green disposal tickets.

A complete list of disposal services and rates is available on the Town website: [www.falmouthme.org/transfer-station/pages/procedures-and-rates](http://www.falmouthme.org/transfer-station/pages/procedures-and-rates).

*continued on page 34*

# Map of Town Facilities





### *Transfer Station Hours*

Monday	Closed
Tuesday:	12:00pm to 4:00pm
Wednesday	Closed
Thursday	12:00pm to 4:00pm
Friday	7:00am to 5:00pm
Saturday	9:00am to 5:00pm
Sunday	Closed

62 Woods Road  
207-781-3141



## **ROAD REPAIRS REQUESTS**

Contact the Public Works Department at 207-781-3919 to report road or street problems, such as potholes, missing street signs, or hazardous road conditions related to winter driving.

## **SPRING AND FALL LEAF COLLECTION PROGRAM**

Leaf bags in limited quantities will be made available at no charge to Falmouth residents at the Public Works Department each spring and fall. Free curbside collection of leaf bags will be scheduled during the spring and fall season.

## **PUBLIC SAFETY**

---

### **AMBULANCE FEES**

Ambulance bills are prepared by a third-party billing service, Medical Reimbursement Services, Inc., P.O. Box 1810, Windham, ME 04062. Inquiries regarding ambulance bills should be directed to 207-892-0020.

### **ANIMAL CONTROL**

The Animal Control Officer is responsible for handling stray, lost, or injured animals. The Officer is also responsible for reporting unlicensed dogs.

State law prohibits dogs from running at large. "At large" means off the premises and not under the control of any person whose personal presence and attention would reasonably control the conduct of the animal. Any dog found running "at large" will be seized by the Animal Control Officer. All dogs over 6 months of age are required to be licensed with the Town. The Clerk's Office handles registration. See page 26 for more information.

The Town of Falmouth cautions residents and advises them to report any aggressive or rabid animal they may encounter to the Police Department. For more information about rabies, visit: [www.maine.gov/dhhs/rabies](http://www.maine.gov/dhhs/rabies)

### **BURN PERMITS**

Outdoor burning is prohibited in all areas of the state except for specific types of burning which are permissible if a burn permit has been obtained.



Burn permits are required and can be obtained online from either the Maine Forest Service at [www.maineburnpermit.com](http://www.maineburnpermit.com) or Warden's Report at [www.wardensreport.com](http://www.wardensreport.com).

### **CAR SEAT INSPECTIONS**

The Falmouth Fire-EMS Department offers free car seat inspections in partnership with Safe Kids Maine by appointment. Call 207-781-2610 for more information.



### **CUSTODY TRANSFER / ONLINE PURCHASES TRANSFER LOCATION**

Two parking spaces directly in front of the Falmouth Police Department on Marshall Drive (to the left of the front door) are monitored by a security camera and can be used by the public for custody transfers, online purchase exchanges, or other interactions in which safety may be a concern.

### **DRUG TAKE BACK**

The Police Department provides a 24/7 drug box at the police station for residents to dispose of unused prescription drugs that are no longer needed.

### **FINGERPRINTS**

The Falmouth Police Department will take fingerprints for Falmouth residents only for employment purposes provided individuals bring their own fingerprint card.

### **FIRE DEPARTMENT SERVICES FOR BUSINESSES**

Falmouth Fire-EMS staff visit schools, daycare centers, senior housing, and other places to promote fire and injury prevention, to teach the use of fire extinguishers to staff, and to perform emergency evacuation drills. Crews also visit businesses and private homes to test the property's Knox Box lock systems. These systems allow first responders immediate access to a secure building which saves time, reduces injuries to responders, and minimizes property damage. Additionally, Falmouth Fire-EMS will test alarms for businesses and private homes. While



on site, staff also conduct a pre-plan of the property in case of a potential fire or other type of emergency on site. Falmouth Fire-EMS also offers training to the community. Several staff members are certified American Heart Association Instructors. CPR and First Aid classes are offered at the Fire Station and at various off-site locations, including daycare centers, Falmouth High School, and private businesses.

## GUN SAFETY

The Falmouth Police Department is proud to offer free gun locks through Project Childsafe. They are available for pick-up anytime in the Police Department lobby.



## NOISE POLICY

The Town's Noise Ordinance prohibits loud, boisterous, unnecessary, or unusual noises which shall either annoy, disturb, injure, or endanger the comfort, repose, health, peace, or safety of others. Complaints regarding excessive noise should be reported to the Police Department at 207-781-2300.

## RECOVERY COACH PROGRAM

The Falmouth Police Department is proud to offer Operation PHOENIX – Providing Hope and Opportunity through Education, Networking, and Information Exchange. This community policing initiative recognizes that recovery from substance use disorder starts with motivation and the understanding that addiction is a chronic, relapsing medical condition. Operation PHOENIX partners Falmouth's recovery coach with persons suffering from substance use disorder. This non-punitive approach provides an opportunity for the coach to work collectively with established partnerships within the recovery community to find tailored pathways and modalities of treatment unique to each individual.

## REPORTING TRAFFIC LIGHT OUTAGES

Traffic light outages should be reported to the Falmouth Police Department at: 207-781-2300. For streetlight outages, contact the Public Works Department at 207-781-3919.

## RESIDENTIAL FIRE PITS

Falmouth Fire-EMS has created a brochure with recommended guidelines to promote health and outdoor fire safety. View the brochure online at [https://www.falmouthme.org/sites/g/files/vyhli556/f/uploads/fire\\_pit\\_brochure\\_01292019\\_final\\_0.pdf](https://www.falmouthme.org/sites/g/files/vyhli556/f/uploads/fire_pit_brochure_01292019_final_0.pdf) or pick up a paper copy at Town Hall, Mason-Motz Activity Center, or Central Station.



*Falmouth Police Department Dispatch.*

## TRAFFIC TICKETS

The Maine Judicial Branch Violations Bureau handles traffic tickets for the entire State of Maine.

[www.courts.maine.gov/courts/traffic/index.html](http://www.courts.maine.gov/courts/traffic/index.html)

Mailing Address: P.O. Box 480, Lewiston, ME 04243-0480

Helpline: 207-783-5422

## SCAM CALLERS

To prevent being scammed, keep informed about the latest con schemes in your community, be skeptical about any proposal that sounds too good to be true or has to be kept secret, do not rush into anything, and check it out with friends, lawyers, the Police Department, Better Business Bureau, and your state or county Consumer Affairs Department ([www.maine.gov/ag/consumer/scams.shtml](http://www.maine.gov/ag/consumer/scams.shtml)). The IRS will never call you seeking money.

If you are the victim of fraud, call the police immediately. You may be embarrassed because you were tricked, but your information is vital in catching the con artist and preventing others from being victimized.

## WINTER PARKING REGULATIONS

No vehicle shall be parked at any time on any street so as to interfere with the removal of snow. The Chief of Police may remove any vehicle parked so as to interfere with the removal of snow. Parking is prohibited on all Town-maintained roads between midnight and 6:00am from November 15 to April 15. Parking bans will be implemented at other times as needed for snow removal.

## SUSTAINABILITY

---

### ELECTRIC VEHICLE CHARGING STATIONS

There are electric vehicle charging stations at Town Hall, Falmouth High School (parking lot behind the gym), and the Falmouth Memorial Library for public use.

### INSECTS OF CONCERN

Learn about best management practices and the least toxic ways to control common pests in lawns, landscapes, and gardens, such as ants and grubs: [www.falmouthme.org/environmental-initiatives/webforms/insects-of-concern](http://www.falmouthme.org/environmental-initiatives/webforms/insects-of-concern)

#### Browntail Moth

The infestation of browntail moth on the Southern Maine coast in recent years is the largest in the world since 1915. The tiny poisonous hairs on the browntail caterpillar can cause skin rashes and make breathing difficult. Symptoms can last several weeks. There is no antidote. The hairs remain toxic for up to three years. In recent years, the Town of Falmouth has conducted a spraying program to target areas in the public right-of-way that were deemed to be high risk. While not fully eradicating browntail moth, the Town's goal is to preserve the health of the street trees and to minimize public health effects. Fortunately, in the past few years, Falmouth has seen

a reduction in nests and levels of infestation. Residents are advised to assess their own properties for nests during the winter months. The best means of preventing a browntail moth infestation on your property is to clip and destroy overwintering webs between October and mid-April. It is also best practice to treat trees before leaves have filled in, generally by the end of May or the first week of June.

For additional information visit the Town website or call 207-699-5335.



### Ticks

Ticks are prevalent in Maine, especially during the warmer months. Deer ticks may transmit agents that cause Lyme Disease. Nymphs and adult females can bite anytime temperatures are above freezing.

Ticks usually need to attach for 24 hours to transmit Lyme Disease.

Dog ticks do not transmit agents that cause Lyme disease.

For more information on tick protection, identification, and removal visit:

<https://www.falmouthme.org/environmental-initiatives/webforms/insects-of-concern>

### INVASIVE PLANTS

Invasive plants reproduce easily and spread fast, are non-native and crowd out our native plants, causing environmental and economic harm. For more information on how to identify, control, and substitute:

[www.falmouthme.org/environmental-initiatives/pages/invasive-plants](http://www.falmouthme.org/environmental-initiatives/pages/invasive-plants)

### LIVING LAWNS EDUCATION CAMPAIGN

In the past fifteen years, there has been a dramatic increase in the use



of pesticides and fertilizers by homeowners in Maine. These trends in lawn care practices have been detrimental to water quality throughout Maine. Fertilizers contain phosphorus and nitrogen and can be found in stormwater runoff which causes algae blooms in freshwater lakes and ponds, and in coastal waters, especially in shallow bays and coves like Casco Bay where pollutants tend to become

concentrated. Most pesticides are neurotoxins that are harmful to people and wildlife, and children are particularly vulnerable because they are still growing. The Town of Falmouth is committed to safeguarding the health and welfare of the residents of Falmouth and to conserve and protect Falmouth's environment, water, and natural resources by working with and providing resources to residents to ensure the proper use of outdoor pesticide and fertilizers in Falmouth. For more information visit:

[www.falmouthme.org/livinglawns](http://www.falmouthme.org/livinglawns).

## REPORTING STREETLIGHT OUTAGES

To report a streetlight outage, contact the Public Works Department at 207-781-3919. For traffic light outages, contact Falmouth Police Department at 207-781-2300.

## SOLAR

A new 875 kW solar array on the old landfill site, behind the transfer station on Woods Road, will offset 75% of the municipal electric use with renewable energy and contribute to the Town's carbon emission reduction goals.

## SUSTAINABLE BUSINESS RECOGNITION PROGRAM

The Sustainable Business Recognition program publicly recognizes Falmouth businesses that are making extraordinary commitments to sustainable practices that save energy, reduce greenhouse gas emissions, and protect the environment. For more information visit: [www.falmouthme.org/sustainability/pages/sustainable-business-recognition-program](http://www.falmouthme.org/sustainability/pages/sustainable-business-recognition-program)

## TOWN LANDING

Town Landing is the largest recreational anchorage/mooring field north of Marblehead, Massachusetts. There is a public beach and boat launch as well as benches for enjoying scenic views of Casco Bay. Town Landing is located at the end of Town Landing Road, which is off Foreside Road at Johnson Road. The Town Landing weather camera can be viewed at:

[www.youtube.com/watch?v=3NjeXF2dvBM](http://www.youtube.com/watch?v=3NjeXF2dvBM)

## BOAT MOORINGS

Boat owners who wish to moor their boats must obtain a mooring permit. Residents are entitled to two moorings each year and non-residents may obtain one. Mooring permits must be renewed each year before June 1. For more information contact the Harbormaster at [harbormaster@falmouthme.org](mailto:harbormaster@falmouthme.org) or 207-781-7317.

## LAUNCHING

Boats may be launched at the Town Landing boat ramp. This ramp is







intended primarily for the launching of recreational boats. Boats may not be launched from the public beach.

## **PARKING**

There is limited parking at Town Landing.

Parking shall be used only by residents of the Town with a valid parking sticker except for six parking spaces available for both residents and non-residents in the upper parking lot on Johnson Road. Resident stickers (same as Transfer Station sticker) are available in the Clerk's Office at Town Hall, Public Works, or at Town Landing when the Harbormaster is on-site. To obtain stickers residents must show proof of Falmouth residency and pay \$5. Parking stickers are good for one calendar year. Parking is prohibited at Town Landing every day between 10:00pm and 5:00am.



# Recreational Opportunities

## Falmouth Parks & Community Programs

*Creating Community  
through People,  
Parks & Programs.*

Offering residents of all ages quality cultural, educational, and fitness activities, including outdoor adventure, field trips, and indoor programming to meet the recreational interests and needs of our growing community.



### HIGHLIGHTS

- Youth and adult athletic programs such as, basketball, soccer, lacrosse, field hockey, track, xc running, tennis, pickleball, volleyball, skiing, and archery
- After-school enrichment programs and a variety of summer camps at affordable rates offering options in the arts & sciences, nature-themed, outdoor adventures, and athletics
- Adult enrichment programs and group travel excursions providing unique experiences such as international trips, learning to play the ukulele, basket weaving, or painting
- Senior programs and services providing social, wellness, and recreation opportunities in the Presumpscot Room at Mason-Motz with activities including mahjong, cribbage, lunch & learns, laughter yoga, arts & crafts, and more
- Fitness and wellness programs for all ages and abilities including yoga, martial arts, aerobics, meditation, self-defense, tai chi, dance, guided nature walks, pickleball, and more
- Active older adult offerings such as trips to gardens, museums, restaurants, shopping experiences, theaters, overnight excursions as well as programs including safe indoor walking, travelogues, and summer concert series

FMI, PLEASE VISIT: [WWW.FALMOUTHME.ORG/PARKS-AND-COMMUNITY-PROGRAMS](http://WWW.FALMOUTHME.ORG/PARKS-AND-COMMUNITY-PROGRAMS)

Or call 699-5302 to be added to our mailing list



**6**  
Playgrounds



**1800**  
Acres of  
Open Space

**17**  
Open Space  
Properties



**4**  
Community  
Forests

**55+**  
Miles of Trails

**5**  
Baseball  
Diamonds



**9**  
Tennis Courts

**4**  
Pickleball  
Courts

**13**  
Parks



**4**  
Picnic  
Pavilions

**8**  
Multipurpose  
Fields



**1**  
Ice  
Rink

**2**  
Basketball  
Courts

**206**  
Acres of  
Parks

**2**  
Canoe/Kayak  
Launch Sites

**815**  
Approx. # of  
programs yearly



**BY THE NUMBERS**

## FACILITIES

### MASON-MOTZ ACTIVITY CENTER (MM)

190 Middle Road  
Office Hours M-Th 8am-5pm, Fri. 8am-12pm

### PRESUMPCOT SENIOR ROOM @ MM

190 Middle Road

### MASON GYMNASIUM @ MM

190 Middle Road

### BASEBALL/SOFTBALL COMPLEX

67 Depot Road

### BASKETBALL OUTDOOR COURTS

397 Falmouth Road

### FALMOUTH COMMUNITY PARK

19 Winn Road  
Athletic Fields, Walking Trails, Picnic Pavilions,  
Playground, Gazebo

### ICE SKATING POND (Seasonal)

397 Falmouth Road

### PLAYGROUNDS

Community Park\* - 19 Winn Rd.  
Graves School Park - 59 Pleasant Hill Rd.  
Huston School Park - 397 Falmouth Rd.  
Legion Park - 67 Depot Rd.  
Mason-Motz\* - 190 Middle Rd.  
Underwood School Park - 254 Foreside Rd.  
\*swings

### TENNIS COURTS

Bucknam Courts\* - 67 Depot Rd.  
High School Triple \* - 52 Woodville Rd.  
Huston Courts\* - 397 Falmouth Rd.  
Superintendent Courts - 51 Woodville Rd.  
\*lighted courts

### TRAILHEADS

Blackstrap Hill Community Forest (BHCF)  
Community Park Trails (FCP)  
Falmouth Nature Preserve (FNP)  
Hadlock Community Forest (HCF)  
Hardy Road Conservation Area (HRCA)  
North Falmouth Community Forest (NFCF)  
Pine Grove Preserve (PGP)  
River Point Conservation Area (RPCA)  
Suckfish Brook Conservation Area (SBCA)  
Tidewater Conservation Area (TCA)  
Town Forest Trails (TF)  
Woods Road Community Forest (WRCF)

# OPEN SPACE PROGRAM

The Town of Falmouth has a long-standing interest in preserving open space and the Town's rural character. The Town owns 17 open space properties totaling 1,800 acres. There are over 55 miles of trails in town. For trail and park maps and additional information on area recreation resources visit: [www.falmouthme.org/community-programs/pages/falmouth-parks-and-public-spaces](http://www.falmouthme.org/community-programs/pages/falmouth-parks-and-public-spaces)



*Woods Road Community Forest.*



*River Point Conservation Area.*

# GET OUTSIDE IN FALMOUTH

## TOWN PARKS

	Athletic Field Complex	Baseball/Softball Complex	Basketball	Boat/Kayak/Canoe	Cross Country Ski	Fish	Hike/Walk	Horseback Riding	Hunt	Off-Road Biking	Outdoor Biking	Pickleball	Picnic	Playground	Snowmobile	Snowshoe	Swim	T-Ball Field	Tennis (*denotes lighted courts)	View Wildlife
Bucknam Tennis Courts											✓							✓	*	
Falmouth Community Park	✓			✓		✓	✓		✓			✓	✓	✓	✓					✓
Huston School Park		✓								✓			✓					✓	✓	*
Graves School Park													✓							
Legion Ball Field Complex	✓						✓					✓	✓						✓	*
Mason-Motz Activity Center		✓					✓					✓	✓							
Route 1 Multipurpose Pathway							✓													
Town Landing			✓			✓											✓			
Underwood Park				✓			✓					✓	✓		✓					✓
Walton Park/Presumpscot Falls Park			✓			✓	✓					✓								✓



# TOWN OPEN SPACE PROPERTIES

	Athletic Field Complex	Baseball/Softball Complex	Basketball	Boat/Kayak/Canoe	Cross Country Ski	Fish	Hike/Walk	Horseback Riding	Hunt	Off-Road Biking	Outdoor Biking	Pickleball	Picnic	Playground	Snowmobile	Snowshoe	Swim	T-Ball Field	Tennis (*denotes lighted courts)	View Wildlife
<b>Blackstrap Hill Comm. Forest &amp; Preserve</b> (Falmouth Land Trust Property)				✓	✓	✓	✓	✓	✓					✓	✓				✓	
<b>Blackstrap Canoe/Kayak Launch</b>			✓		✓															
<b>Falmouth Nature Preserve</b>				✓	✓	✓			✓						✓				✓	
<b>Falmouth Town Forest</b>				✓		✓	✓		✓						✓				✓	
<b>Hadlock Comm. Forest</b>				✓	✓	✓	✓	✓	✓					✓	✓				✓	
<b>Hardy Road Conserv. Area</b>				✓		✓	✓	✓	✓						✓				✓	
<b>Mussel Cove</b>			✓		✓														✓	
<b>No. Falmouth Comm. Forest</b> <i>leash restrictions</i>				✓		✓		✓	✓					✓	✓				✓	
<b>Pine Grove Preserve</b>				✓		✓			✓						✓					
<b>Riverpoint Conserv. Area</b> <i>no dogs allowed</i>				✓	✓	✓			✓						✓				✓	
<b>Stillings Field on Blackstrap</b>				✓		✓			✓						✓				✓	
<b>Suckfish Brook Conserv. Area</b> <i>leash restrictions</i>				✓		✓		✓	✓						✓				✓	
<b>Tidewater Conserv. Area</b>				✓		✓									✓				✓	
<b>Woods Road Comm. Forest</b> <i>leash restrictions</i>				✓		✓	✓	✓	✓						✓				✓	

# FALMOUTH LAND TRUST PROPERTIES

	Athletic Field Complex Baseball/Softball Complex Basketball Boat/Kayak/Canoe Cross Country Ski Fish Hike/Walk Horseback Riding Hunt Off-Road Biking Outdoor Ice Rink Pickleball Picnic Playground Snowmobile Snowshoe Swim T-Ball Field Tennis (*denotes lighted courts) View Wildlife														
Falmouth Nature Preserve (part owned with Town)					✓	✓	✓			✓				✓	
Hurricane Valley Farm					✓		✓		✓	shotgun only with advanced notice				✓	
Ledgewood Preserve					✓		✓			✓				✓	✓
McCrann Preserve					✓	✓	✓			✓				✓	✓
Morrill-Stillings Farm					no dogs allowed									✓	✓
Pleasant Hill Woods Preserve					✓		✓			✓				✓	✓
Presumpscot River Place					✓		✓			✓				✓	✓
Ridgewood Preserve							✓		✓					✓	
Underwood Springs Forest Preserve							✓							✓	✓
Woodman Preserve							✓			✓				✓	✓

STATE / PRIVATELY-OWNED PROPERTIES

	Athletic Field Complex	Baseball/Softball Complex	Basketball	Boat/Kayak/Canoe	Cross Country	Fish	Hike/Walk	Horseback Riding	Hunt	Off-Road Biking	Outdoor Ice Rink	Pickleball	Picnic	Playground	Snowmobile	Snowshoe	Swim	T-Ball Field	Tennis (*denotes lighted courts)	View Wildlife
Clapboard Island (Maine Coast Heritage Trust)			✓																	
Highland Lake Hand-Carry Boat Launch (State of Maine)			✓		✓											✓			✓	
Family Ice Center – Lee Twombly Pond										✓										
Mackworth Island				✓	✓	✓									✓	✓			✓	
Maine Audubon	no dogs allowed			✓		✓									✓				✓	



Maine Audubon.



Kayak on Highland Lake.

## ACCESSIBLE TRAILS

- Falmouth — Woods Road Community Forest  
\*The lower portion of the Woods Road entrance trail is accessible by persons with limited mobility.
- Acadia National Park  
([www.nps.gov/acad/planyourvisit/physical-mobility.htm](http://www.nps.gov/acad/planyourvisit/physical-mobility.htm))
- Ferry Beach State Park  
([www.mainetrailfinder.com/trails/trail/ferry-beach-state-park](http://www.mainetrailfinder.com/trails/trail/ferry-beach-state-park))
- Fore River Sanctuary
- Maine Coastal Islands National Wildlife Refuge-Corea Heath Trail  
([https://www.fws.gov/sites/default/files/documents/Hiking\\_trails\\_Maine\\_Coastal\\_Islands\\_NWR.pdf](https://www.fws.gov/sites/default/files/documents/Hiking_trails_Maine_Coastal_Islands_NWR.pdf))
- Maine Wildlife Park  
([www.maine.gov/ifw/wildlife-park/index.html](http://www.maine.gov/ifw/wildlife-park/index.html))
- Rachel Carson National Wildlife Refuge-Timber Point Trail and Carson Trail  
(<https://www.fws.gov/refuge/rachel-carson/visit-us/trails>)
- Umbagog National Wildlife Refuge-Magalloway River Trail  
(<https://www.fws.gov/refuge/umbagog/visit-us/activities/hiking>)
- White Mountain National Forest  
([www.fs.usda.gov/Internet/FSE\\_DOCUMENTS/stelprdb5377702.pdf](http://www.fs.usda.gov/Internet/FSE_DOCUMENTS/stelprdb5377702.pdf))
- Wolfe's Neck Woods State Park-White Pines Trails  
([www.mainetrailfinder.com/trails/trail/wolfe-s-neck-woods-state-park](http://www.mainetrailfinder.com/trails/trail/wolfe-s-neck-woods-state-park))
- Portland Trails-13 accessible trails  
([www.trails.org/our-trails/digitalmobile-trail-map/](http://www.trails.org/our-trails/digitalmobile-trail-map/))

For additional information about accessible parks and trails, visit Maine Trail Finder: [www.mainetrailfinder.com](http://www.mainetrailfinder.com) or [www.accessiblenature.info](http://www.accessiblenature.info)



# Other Local Services

## NEWSPAPERS

### THE NORTHERN FORECASTER

*The Northern Forecaster* is a free weekly newspaper of *The Portland Press Herald* covering news of Falmouth, Cumberland, North Yarmouth, Yarmouth, Freeport, and Chebeague published on Thursdays. *The Northern Forecaster* is available at Town Hall and several other locations around Town.

[www.pressherald.com/northern-forecaster/](http://www.pressherald.com/northern-forecaster/). Watch for near weekly ads from the Town of Falmouth with important information and updates.



### THE PORTLAND PRESS HERALD

*The Portland Press Herald* is the daily newspaper serving Southern Maine. 207-791-6000

[www.pressherald.com](http://www.pressherald.com)



## NEWS STATIONS

### FALMOUTH COMMUNITY TV CHANNEL 1301

[www.falmouthme.org/cable-tv-fct-channel-ch-2-1301/pages/channel-2-live-stream](http://www.falmouthme.org/cable-tv-fct-channel-ch-2-1301/pages/channel-2-live-stream)

WCSH CHANNEL 6 (NBC) [www.newscentermaine.com](http://www.newscentermaine.com)

WMTW CHANNEL 8 (ABC) [www.wmtw.com](http://www.wmtw.com)

WGME CHANNEL 13 (CBS) [www.wgme.com](http://www.wgme.com)

### MAINE PUBLIC

90.1 FM Radio, [www.mainepublic.org](http://www.mainepublic.org)



maine public



WPFO CHANNEL 23 (FOX) [www.fox23maine.com](http://www.fox23maine.com)



WPXT CHANNEL 51 (THE CW) [www.wmtw.com/cw#](http://www.wmtw.com/cw#)



## MAINE DRIVER'S LICENSE INFORMATION

### PORTLAND MOTOR VEHICLE BRANCH OFFICE

*Hours of Operation:* Monday-Friday, 8:00am-4:30pm, Closed on holidays.  
125 Presumpscot Street, Portland, ME 04103  
207-822-6400

For more information on driver's licenses and identification cards visit:  
[www.maine.gov/sos/bmv/licenses/index.html](http://www.maine.gov/sos/bmv/licenses/index.html)



## UTILITIES

---

### BROADBAND

Residents have several options for broadband. Check the yellow pages or the internet for a list of providers. There are several websites that allow you to compare providers.

### ELECTRICITY: CENTRAL MAINE POWER (CMP)

800-750-4000

[www.cmpco.com](http://www.cmpco.com)



### NATURAL GAS

For a list of natural gas distributors visit:

<https://www.maine.gov/mpuc/regulated-utilities/natural-gas/distributors/residential>

### HEATING OIL AND PROPANE

Residents have several options for distributors. Check the yellow pages or the internet for a list of providers. There are several websites that allow you to compare providers. For more information on heating fuel prices visit:

[www.maine.gov/energy/heating-fuel-prices](http://www.maine.gov/energy/heating-fuel-prices).

### SEWER CONNECTION INFORMATION

The Town of Falmouth requires that every building in town, intended for human habitation, occupancy, employment, recreation, or other purposes must have sufficient and appropriate sanitary facilities. These facilities must comply with all state health laws and Town ordinances and regulations. In short, every building either needs a private septic system or must connect to the Town's public sewer system. For more information on sewer connectivity in Falmouth visit: [www.falmouthme.org/wastewater-department/pages/sewer-connection-information](http://www.falmouthme.org/wastewater-department/pages/sewer-connection-information)

### WATER

Portland Water District is the water provider for Falmouth.

For more information visit: [www.pwd.org](http://www.pwd.org)



## FARMERS' MARKET

---

Operated by the Cumberland & Falmouth Farmers' Market Association, the Falmouth Farmers' Market is open Wednesdays from 10am to 2pm at Village Park, 24 Hat Trick Drive behind Walmart from May to October.

[www.cumberlandfalmouthfarmmarket.com](http://www.cumberlandfalmouthfarmmarket.com)



*Weekly Farmers' Market.*

## CIVIC ORGANIZATIONS

### AMERICAN LEGION POST #164

65 Depot Road, 207-781-4709

[Falmouth164@aol.com](mailto:Falmouth164@aol.com)



### FALMOUTH LAND TRUST

The mission of the Falmouth Land Trust is to preserve and care for natural and agricultural lands in perpetuity, to enhance habitat for plants and wildlife, to advance the quality of life for all in the community, and to educate the public on the history and stewardship of protected lands. The Land Trust has acquired many properties to fulfill its mission of conserving open space in Falmouth. Several of these properties are open to the public for recreational use.

[www.falmouthlandtrust.org](http://www.falmouthlandtrust.org)



### FALMOUTH/CUMBERLAND COMMUNITY CHAMBER OF COMMERCE

The Falmouth/Cumberland Community Chamber of Commerce (FCCCC) helps professionals network, connect, and partner with the two communities.

They strive to create an environment where individuals can start and grow successful businesses, as well as embrace the culture of both Cumberland and Falmouth. The Falmouth/Cumberland Community Chamber of Commerce hosts several events throughout the year.

[www.portlandregion.com/falmouth--cumberland.html](http://www.portlandregion.com/falmouth--cumberland.html)



### FALMOUTH EDUCATION FOUNDATION

Falmouth Education Foundation (FEF) is a 501(c)3 non-profit organization. Founded in 1993 by a group of community members who wanted to support and enrich the academic, athletics, and arts

programs that fell outside the School and Town budgets, FEF's mission is to promote innovative student development and to enhance educational excellence for all Falmouth children. Through fundraising events and generous sponsorships, FEF has raised more than \$1,000,000 over the past 25 years. Funds raised support two grant cycles annually, several large-scale projects, and the continued growth of a long-term endowment.

[www.falmoutheducationfoundation.org](http://www.falmoutheducationfoundation.org)



## FALMOUTH HISTORICAL SOCIETY

Preservation has been central to the Falmouth Historical Society's mission since its founding in 1966. Members volunteer their time to promote interest in the history of Falmouth through the Society's collections and outreach to the community. The Society provides educational programs, assists with research into local families and history, and conducts tours of the Falmouth Heritage Museum on Woods Road.

[www.falmouthmehistory.org](http://www.falmouthmehistory.org)



## FALMOUTH LIONS CLUB

The Falmouth Lions Club has been serving the Falmouth Community and others since 1950. The Club provides financial support, on-site labor, scholarships, individual assistance, and joint group activities. The Club currently assists over 35 groups and organizations.

[www.e-clubhouse.org/sites/falmouthme/index.php](http://www.e-clubhouse.org/sites/falmouthme/index.php)



## FALMOUTH ROTARY CLUB

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders. The Club supports several programs through charitable contributions and volunteering.

<https://portal.clubrunner.ca/6961/Page/ShowHomePage>



## UNIVERSITY OF MAINE COOPERATIVE EXTENSION CUMBERLAND COUNTY OFFICE

The University of Maine Cooperative Extension in Cumberland County gives local residents access to the resources and expertise of the University of Maine. Through educational programs, publications, and events, UMaine Extension delivers unbiased, research-based information to Cumberland County citizens.

[www.extension.umaine.edu/cumberland](http://www.extension.umaine.edu/cumberland)



## PLACES OF WORSHIP IN FALMOUTH

---

### B'NAI PORTLAND

[www.bnaiportland.com](http://www.bnaiportland.com)

Mailing Address: 552 Blackstrap Road  
207-613-5888



### EMMAUS LUTHERAN CHURCH

[www.emmausfalmouth.org](http://www.emmausfalmouth.org)

265 Middle Road  
207-781-4820



### THE EPISCOPAL CHURCH OF ST. MARY

[www.smary.org](http://www.smary.org)

43 Foreside Road  
207-781-3366



### FALMOUTH CONGREGATIONAL CHURCH

[www.falmouthcongregationalchurch.org](http://www.falmouthcongregationalchurch.org)

267 Falmouth Road  
207-781-3413



### FORESIDE COMMUNITY CHURCH

[www.foresidechurch.org](http://www.foresidechurch.org)

340 Foreside Road  
207-781-5880



FORESIDE COMMUNITY CHURCH

### HOLY MARTYRS CATHOLIC CHURCH

[www.pothe.org](http://www.pothe.org)

266 Foreside Road  
207-847-6890



HOLY MARTYRS

### VAJRA DAKINI NUNNERY

[www.vajradakininunnery.org](http://www.vajradakininunnery.org)

Mailing Address:  
P.O. Box 6135, Falmouth, ME 04105



### MOUNTAINSIDE COMMUNITY CHURCH

[www.mountainsidecc.org](http://www.mountainsidecc.org)

18 Mountain Road  
207-781-3576



## TRANSPORTATION SERVICES

---

### AIRPORT: PORTLAND JETPORT (PWM)

207-874-8877

[www.portlandjetport.org](http://www.portlandjetport.org)

1001 Westbrook Street, Portland, ME 04102

### MAINE TURNPIKE E-ZPASS

E-ZPass enables you to pay tolls electronically on the Maine Turnpike as well as more than 40 toll highways, bridges, and tunnels in the eastern United States. E-ZPass saves time as users do not have to wait in line to pay tolls with cash. E-ZPass also provides discounts for frequent Turnpike users.

1-888-682-7277

[www.ezpassmaineturnpike.com/EZPass/](http://www.ezpassmaineturnpike.com/EZPass/)

### AMTRAK DOWNEASTER

Portland Transportation Center: 1-800-872-7245

Schedule and tickets: [www.amtrakdowneaster.com](http://www.amtrakdowneaster.com)

### CONCORD COACH LINES

Bus service from Portland to Boston, Logan Airport, NYC, Maine and New Hampshire Destinations

1-800-639-3317

Schedules and tickets: [www.concordcoachlines.com](http://www.concordcoachlines.com)

### GOGOGRANDPARENT

GoGo turns on demand transportation companies like Lyft into services that can be accessed and monitored without a smartphone.

1-855-464-6872

[www.gogograndparent.com](http://www.gogograndparent.com)





**GREATER PORTLAND METRO** (local bus service)  
207-774-0351

Route 7-Falmouth Map and Schedule:  
<https://gpmetro.org/297/Route-7---Falmouth>

Route 9A/9B-North Deering/West Falmouth Map and Schedule:  
<https://gpmetro.org/306/9A9B---N-DeeringWest-Falmouth>

### **ITNPORTLAND**

Transportation for seniors and people with visual impairments. Membership based organization.

207-854-0505  
[www.itnportland.org](http://www.itnportland.org)

### **REGIONAL TRANSPORTATION PROGRAM (RTP)**

Cumberland County-wide program to provide transportation for disabled, elderly, and low-income individuals and people with special needs.

Shared-ride service that requires riders to book trips in advance.  
207-774-2666  
[www.rtprides.org/catch-a-ride](http://www.rtprides.org/catch-a-ride)

### **TRANSPORT1**

Wheelchair Van & Medical Car Services  
207-847-3004

### **UNITED AMBULANCE SERVICE**

Wheelchair transportation.  
207-782-8400  
[www.unitedambulance.com/wheelchair-division](http://www.unitedambulance.com/wheelchair-division)



## 2-1-1 MAINE

---

Accessible 24/7, All Languages, Completely Confidential

Dial 2-1-1 or Text Zip Code to 898-211

Email: [info@211MAINE.org](mailto:info@211MAINE.org)

[www.211maine.org/](http://www.211maine.org/)

2-1-1 provides information and can connect you or someone you know to local programs and services that can help. The online directory is convenient and easy to use. Here is a sample list of services:

- **Aging-Disability:** Refers to and gives information about health and human service organizations and agencies.
- **Basic Needs:** Food, shelter, transportation, financial assistance, and household goods.
- **Child Development:** By simply contacting 211, those in need of assistance are referred to appropriate agencies and community organizations that may be able to help.
- **Crisis:** If you or someone you know is in a crisis or have suffered a disaster. 211 has information about programs and services that can help you escape from abuse or suicidal thoughts.
- **Education:** 211 can provide information about alternative education opportunities, HiSET (also known as GED) exam preparation for high school equivalency testing, as well as financial literacy resources in your community. 211 can connect families with early education and after school programs, summer meal programs, mentoring, tutoring, as well as information about financial aid and grants for students. 211 can refer immigrants, refugees, and others seeking to learn English to organizations and programs that provide English-language instruction, one-on-one tutoring, and cultural literacy skills. 211 can also help adults of all ages find information about adult education, certification training, job interviewing skills, and vocational education.
- **Family:** Whether you are searching for childcare or dealing with the loss of a loved one, 211 can connect you to needed services and information.
- **Food:** Food assistance and nutrition education. In-home food delivery, soup kitchens etc.
- **Health:** Information on affordable, local healthcare services.
- **Housing:** Information on local emergency shelters for individuals and families in crisis, as well as home health care and respite services. Learn about programs that offer rental assistance, subsidized housing and housing vouchers that can help families, older adults, and individuals with disabilities find affordable housing.

- **Jobs:** A trained Maine-based Specialist will help you connect to local resources including job assistance centers, occupational training, certification programs, English language, and literacy classes, and more. We can also help you find childcare if you need it during the workday. The 211 databases can connect you to local opportunities for temporary work, as well as employment support for those with a disability.
- **Mental Health:** 211 Maine has a list of comprehensive, up-to-date information on programs and services that can assist with mental health care.
- **Substance Use:** Maine 211 offers information and referrals to several substance use prevention programs from outpatient treatment facilities to hospitalization options. 211 can also provide referrals to services that address problem gambling. For those dealing with opiate misuse, 211 Maine in partnership with the Maine Department of Health and Human Services, provides a toll-free statewide information and referral Opiate Helpline where individuals can speak with a specialist to identify treatment options and other resources.
- **Transitions:** 211 is committed to supporting all members of the community including our military, people new to America and people re-entering society.



# Emergency Services

## CRISIS PHONE NUMBERS

---

### EMERGENCY: 9-1-1

**Alcoholics Anonymous (AA):** 1-800-737-6237

**Falmouth Police Department (non-emergency):** 207-781-2300

**Falmouth Emergency Management Agency:** 207-781-2610 (see also page 20)

**Hate Crime Reporting:** Report hate crimes to the Falmouth Police Department and submit a FBI tip online or call the Boston FBI field office.  
[www.justice.gov/hatecrimes/get-help-now](http://www.justice.gov/hatecrimes/get-help-now)

**LGBT National Help Center Hotline:** 1-888-843-4564

**Maine Child Abuse Hotline:** 1-800-452-1999

**Maine Elder Abuse Reporting:** 1-800-624-8404

**Maine Domestic Violence Helpline:** 1-866-834-4357

**Maine Sexual Assault Helpline:** 1-800-871-7741

**Maine Statewide Crisis:** 1-888-568-1112

**Maine Tobacco Helpline:** 1-800-207-1230

**NAMI Maine Help Line:** 1-800-464-5767

Support, education, and advocacy for questions about mental health.  
[www.namimaine.org](http://www.namimaine.org) or [helpline@namimaine.org](mailto:helpline@namimaine.org)

**Narcotics Anonymous (NA):** 1-800-974-0062

**National Crisis Text Line:** Text HOME TO 741714

**National Human Trafficking Hotline:** 1-888-373-7888

**National Suicide Prevention Lifeline:** 1-800-273-8255

**Northern New England Poison Center:** 1-800-222-1222

**Statewide AI-Anon:** 1-800-304-2219

**Trans Lifeline:** 1-877-565-8860

**Trevor LifeLine:** 1-866-488-7386

The Trevor LifeLine is a crisis support service for LGBTQ+ people 24 years old and younger.

([www.thetrevorproject.org](http://www.thetrevorproject.org) or Text TREVOR to 1-202-304-1200).

**Veterans Crisis Line:** 1-800-273-8255, Press 1 or Text 838255

## HOSPITALS

---

### **Maine Medical Center**

[www.mainehealth.org/maine-medical-center](http://www.mainehealth.org/maine-medical-center)

22 Bramhall Street, Portland, ME 04102

207-662-0111

### **Northern Light Mercy Hospital**

[www.northernlighthealth.org/Mercy-Hospital](http://www.northernlighthealth.org/Mercy-Hospital)

Emergency Care Address: 175 Fore River Parkway, Portland, ME 04102

207-879-3000

## URGENT CARE

---

### **AFC Urgent Care**

[www.afcurgentcaresouthportland.com](http://www.afcurgentcaresouthportland.com)

230 Waterman Drive, South Portland, ME 04106

207-358-3188

### **ClearChoiceMD Urgent Care**

[www.ccmdcenters.com/locations/scarborough-me](http://www.ccmdcenters.com/locations/scarborough-me)

273 Payne Road, Scarborough, ME 04074

207-618-9355

### **Concentra Urgent Care**

[www.concentra.com/urgent-care-centers/maine/portland-urgent-care](http://www.concentra.com/urgent-care-centers/maine/portland-urgent-care)

85 Western Avenue, Suites 6, 7, 8, South Portland, ME 04106

207-774-7751

### **ConvenientMD Urgent Care**

[www.convenientmd.com](http://www.convenientmd.com)

Locations in Portland and Westbrook

### **CVS Minute Clinic**

[www.cvs.com/minuteclinic](http://www.cvs.com/minuteclinic)

Locations in Portland and South Portland

### **InterMed Urgent Care** – For InterMed Patients, By Appointment Only

[www.intermed.com/practices-and-services/specialties/urgent-care](http://www.intermed.com/practices-and-services/specialties/urgent-care)

50 Foden Road, South Portland ME, 04106

207-523-3700



**Maine Medical Center Urgent Care Plus**

335 Brighton Avenue, Portland, ME 04101

207-383-3190

[www.mainehealth.org/Maine-Medical-Center/Services/Emergency-Department/Urgent-Care-Plus](http://www.mainehealth.org/Maine-Medical-Center/Services/Emergency-Department/Urgent-Care-Plus)

**Northern Light Mercy Walk-In Care**

[www.northernlighthealth.org/Our-System/Mercy-Hospital/Care-Centers-Services/Walk-In-Care](http://www.northernlighthealth.org/Our-System/Mercy-Hospital/Care-Centers-Services/Walk-In-Care)

Locations in Gorham and Windham

**Emergency Shelter in Falmouth**

For information on any potential large-scale emergency in Falmouth, please call the Falmouth Emergency Management Hotline at 207-699-5241 or visit: [www.falmouthme.org/emergency-management](http://www.falmouthme.org/emergency-management)



# Seniors

## HOUSING OPTIONS

---

### **BLACKSTONE I**

<https://blackstone.avestahousing.org/>

21 Squidere Lane

1-800-339-6516

### **FALMOUTH BY THE SEA**

[www.falmouthsea.com](http://www.falmouthsea.com)

91 Foreside Road

207-781-4714

### **FORESIDE ESTATES**

[www.foresideestates.com](http://www.foresideestates.com)

100 Clearwater Drive

207-387-4480

### **FORESIDE HARBOR**

[www.foresideharbor.com](http://www.foresideharbor.com)

191 Foreside Road

207-781-8201

### **FORESIDE VILLAGE APARTMENTS**

[www.waboston.com/portfolio/15-management/maine/19-foreside-village-apartments](http://www.waboston.com/portfolio/15-management/maine/19-foreside-village-apartments)

7 Fundy Road

207-828-1274

### **OCEANVIEW AT FALMOUTH**

[www.oceanviewrc.com](http://www.oceanviewrc.com)

20 Blueberry Lane

207-781-4460

### **PLUMMER SENIOR LIVING**

[www.plummerseniorliving.com](http://www.plummerseniorliving.com)

192 Middle Road

207-772-3225

### **SEDGEWOOD COMMONS**

[www.geneshihcc.com/sedgewoodcommons](http://www.geneshihcc.com/sedgewoodcommons)

22 Northbrook Drive

207-781-5775

## 55+ PROGRAMS AND ACTIVITIES

---

Falmouth Parks and Community Programs offers numerous services for 55+ residents including programs and activities, a newsletter, and dedicated senior programming space at the Mason-Motz Activity Center, The Presumpscot Room, 190 Middle Road, 207-699-5302.

## INDOOR WALKING AT MASON-MOTZ ACTIVITY CENTER

---

Residents are welcome to walk the halls and gym (when not in use) at the Mason-Motz Activity Center (190 Middle Road) during regular business hours. Sign in at the office to receive a walking badge. Street shoes are not allowed in the gym.

## SENIOR PROPERTY TAX ASSISTANCE PROGRAM

---

The Town of Falmouth offers a Senior Property Tax Assistance Program for residents (owners or renters) aged 62 or older. The program criteria are determined annually. For more information, an eligibility worksheet and the application, visit:

[www.falmouthme.org/finance/pages/senior-property-tax-assistance](http://www.falmouthme.org/finance/pages/senior-property-tax-assistance) or contact Pete McHugh, Finance Director, [pmchugh@falmouthme.org](mailto:pmchugh@falmouthme.org) or 207-699-5311.



## REASSURANCE PROGRAM

---

The Falmouth Police Department offers a call-in service at no charge to senior citizens who live alone in the towns of Falmouth and Yarmouth. Between 5:00am and 10:00am, individuals registered with the program call the Police Department and speak with the dispatcher on duty. If dispatch has not received a call by 10:00am, the dispatcher will call the individual. If they do not receive an answer, they will send a police officer to check on the individual's well-being. To join this program, contact the Police Department at 207-781-2300.



## THE MAINE SENIOR GUIDE

---

*The Maine Senior Guide* is a comprehensive web resource covering all things senior related. From reverse mortgages to transportation, from independent living to volunteer opportunities, *The Maine Senior Guide* covers any topic of interest to Maine's older residents and their families.

FMI: Contact Deborah McLean, Principal of *The Maine Senior Guide* at 207-232-7847.

[www.maineseniorguide.com](http://www.maineseniorguide.com)

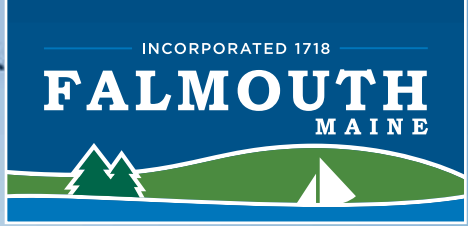
Information in the guide includes but is not limited to:

- **Senior Communities:** Assisted Living, Residential Care, Alzheimer's and Dementia Care, Nursing Homes and Rehab Centers, Independent Living, 55+ and Retirement Homes.
- **Home Support:** Adult Day Programs, Home Care Agencies, Home Health Agencies, Home Safety and Modifications and Maintenance, Hospice Care, Meals and Housekeeping or Personal Concierge, Services, Mobility and Home Medical Equipment, Transportation.
- **Health & Wellness:** Assessment Centers, Fitness, Geriatric Care Managers, Senior Care Advisors, Hearing Services, Hospitals, Medical/Dental Practices, Therapists and Rehabilitation, Vision Services, Wellness and Beauty.
- **Estate Management:** Appraisers, Estate Sales, Elder Law, Estate Planning, Attorneys, Financial Planners, Funeral Homes, Mortuary Trusts, Insurances, Medical Benefits, Moving and Storage, Downsizers, Planned Giving, Senior Real Estate experts.
- **Social:** Church Groups, Dining Out, Entertainment, Senior Centers, Senior Education, Social Groups, Travel and Recreation, Volunteer Opportunities.
- **Resources & Products:** Associations and Non-Profits, Government Agencies and Websites, Support Groups, Veteran Resources.

Pick up a copy of *The Maine Senior Guide* at the  
Mason-Motz Activity Center  
190 Middle Road, Falmouth







Falmouth Town Hall  
271 Falmouth Road, Falmouth, ME 04105  
207.781.5253 • [falmouthme.org](http://falmouthme.org)

