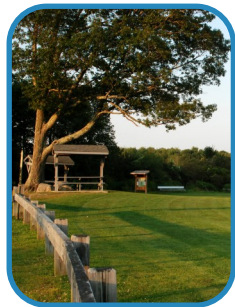


Falmouth Parks & Community Programs

Creating Community through People, Parks & Programs.

Offering residents of all ages quality cultural, educational, and fitness activities, including outdoor adventure, field trips, and indoor programming to meet the recreational interests and needs of our growing community.



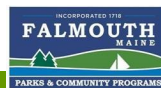
HIGHLIGHTS



- Youth and adult athletic programs such as, basketball, soccer, lacrosse, field hockey, track, xc running, tennis, pickleball, volleyball, skiing, and archery
- After-school enrichment programs and a variety of summer camps at affordable rates offering options in the arts & sciences, nature-themed, outdoor adventures, and athletics
- Adult enrichment programs and group travel excursions providing unique experiences such as international trips, learning to play the ukulele, basket weaving, or painting
- Senior programs and services providing social, wellness, and recreation opportunities in the Presumpscot Room at Mason-Motz with activities including mahjong, cribbage, lunch & learns, laughter yoga, arts & crafts, and more
- Fitness and wellness programs for all ages and abilities including yoga, martial arts, aerobics, meditation, self-defense, tai chi, dance, guided nature walks, pickleball, and more
- Active older adult offerings such as trips to gardens, museums, restaurants, shopping experiences, theaters, overnight excursions as well as programs including safe indoor walking, travelogues, and summer concert series

FMI, PLEASE VISIT: WWW.FALMOUTHME.ORG/PARKS-AND-COMMUNITY-PROGRAMS

Or call 699-5302 to be added to our mailing list



6
Playgrounds



1800
Acres of
Open Space

17
Open Space
Properties



4
Community
Forests

55+
Miles of Trails

5
Baseball
Diamonds



9
Tennis Courts

4
Pickleball
Courts

13
Parks



4
Picnic
Pavilions

8
Multipurpose
Fields



1
Ice
Rink

2
Basketball
Courts

206
Acres of
Parks

2
Canoe/Kayak
Launch Sites

815
Approx. # of
programs yearly



BY THE NUMBERS

FACILITIES

MASON-MOTZ ACTIVITY CENTER (MM)
190 Middle Road
Office Hours M-Th 8am-5pm, Fri. 8am-12pm

PRESUMPCOT SENIOR ROOM @ MM
190 Middle Road

MASON GYMNASIUM @ MM
190 Middle Road

BASEBALL/SOFTBALL COMPLEX
67 Depot Road

BASKETBALL OUTDOOR COURTS
397 Falmouth Road

FALMOUTH COMMUNITY PARK
19 Winn Road
Athletic Fields, Walking Trails, Picnic Pavilions,
Playground, Gazebo

ICE SKATING POND (Seasonal)
397 Falmouth Road

PLAYGROUNDS
Community Park* - 19 Winn Rd.
Graves School Park - 59 Pleasant Hill Rd.
Huston School Park - 397 Falmouth Rd.
Legion Park - 67 Depot Rd.
Mason-Motz* - 190 Middle Rd.
Underwood School Park - 254 Foreside Rd.
*swings

TENNIS COURTS
Bucknam Courts* - 67 Depot Rd.
High School Triple* - 52 Woodville Rd.
Huston Courts* - 397 Falmouth Rd.
Superintendent Courts - 51 Woodville Rd.
*lighted courts

TRAILHEADS
Blackstrap Hill Community Forest (BHCF)
Community Park Trails (FCP)
Falmouth Nature Preserve (FNP)
Hadlock Community Forest (HCF)
Hardy Road Conservation Area (HRCA)
North Falmouth Community Forest (NFCF)
Pine Grove Preserve (PGP)
River Point Conservation Area (RPCA)
Suckfish Brook Conservation Area (SBCA)
Tidewater Conservation Area (TCA)
Town Forest Trails (TF)
Woods Road Community Forest (WRCF)