Summer Activities & Camps
For Youth

Falmouth Community Programs
2023
Policies/Procedures

IF YOU SNOOZE, WE ALL LOSE...PLEASE REGISTER EARLY!
Many programs are adversely affected every year due to participants waiting until the last minute to register. There is a point when a program must be cancelled or modified if there are insufficient registrations. All programs require a high level of coordination which include facility scheduling, staffing, volunteer recruitment and the purchasing of supplies. You will notice many of our programs have registration deadlines. If there is room available after a deadline has passed, late registrations will be accepted with a late fee and your child may not be guaranteed a t-shirt, hat, ball, etc. Thank you in advance for your cooperation.

Program Cancellations
FCP reserves the right to cancel any program which fails to meet minimum enrollment requirements, so please register early! **Deadlines are one week prior to the first class unless otherwise noted.**

Inclement Weather
When schools are cancelled due to inclement weather, all youth programs beginning prior to 4:00pm are also cancelled. Decisions regarding evening programs will be made by 2:00pm.

After business hours please call 699-5302 or visit our website at: www.falmouthme.org for Community Programs Field Closures & Program Cancellations or check Facebook for program notices, updates and cancellations.

Refunds
If FCP cancels/changes a course, we will refund you 100% of course fees. **Online convenience fees are NON-REFUNDABLE.** A processing fee ranging from $5-$10 will be charged for each course from which you withdraw no less than five full business days prior to the start of the program. After this time, you may receive a 50% refund if a replacement can be found (waiting list has priority), the withdrawal does not affect course minimum enrollment, there is unlimited enrollment or the set date of withdrawal has not passed.
We reserve the right to credit your account for refunds under $10.00. For larger refunds, please allow a minimum of two weeks for processing.

WE DO NOT GIVE REFUNDS AFTER THE START OF THE SECOND CLASS.

Youth Pick-Up Policy
FCP requires staff to remain with youth program participants until they are released to a parent or guardian. Please meet your child at the designated pick-up time. A $10 late fee will be charged for each ten-minute increment that your child remains with us past the designated pick-up time.

Course Guidelines
Course guidelines are designed to be appropriate for the enjoyment and safety of all participants. If an emergency/circumstance arises, or if you are dissatisfied with a program, please contact our office as soon as possible. Concerns will be reviewed on an individual basis.

Parks & Community Programs Staff
Lucky D’Ascanio, Director
Matt Gilbert, Assistant Director
Jeff Mason, Parks Supervisor
Sam Hazelton, Parks Assistant
Kate Harris, Recreation Coordinator
Ashlee Quirrion, Recreation Assistant
Kim Doyon, Senior Programs & Services Coord.
Beth Benson, Admin/Programming Assistant
Caleb Hemphill, Open Space Trails Manager

Parks & Community Programs Advisory Committee
Karen Jones, Chairperson
Janet Lane-Dye, Vice-Chairperson
Robert Carter
Melanie Collins
Scott Simmonds
Doug Zlatin
Denise Martin

PAC-PAC usually meets once a month and meetings are open to the public. FMI please contact the FCP office 699-5302.
Contact/Registration Information

Registration Information
Please register early online via our website, dropping off forms in person or mailing them to: FCP, 190 Middle Road, Falmouth, Maine 04105.

We accept cash, checks, Visa, MasterCard, American Express and Discover. Please make checks payable to “Town of Falmouth”. Registration forms are in this brochure and in the FCP office. You may also download forms from www.falmouthme.org/parks-and-community-programs

Unless we notify you, please assume that you are enrolled in your choice of programs. We send e-mail receipt confirmations only.

Discounts & Scholarships
A limited number of partial and full scholarships are available for many youth programs using a sliding fee scale. Scholarships for FCP soccer programs are available from the Dan Fabio Soccer Scholarship. Requests may be made confidentially at the FCP office upon registration.

Non-residents can register beginning April 24.

Our online site is hosted by Active.com

Non-refundable online convenience fee:
6.2% or minimum $2.00
www.falmouthme.org

Use the online registration system to register for programs anytime and anywhere. Add your e-mail address to receive updates about exciting new activities and programs – you won’t miss a date. Set up your private registration account today so that you are ready when registration opens.

Forgot your online registration password? Call 699-5302 to have it reset. Please DO NOT create a new account.

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Office Hours
Monday - Thursday........8:00am-5:00pm
Friday........8:00am-12:00pm
190 Middle Road, Falmouth, ME 04105
207/699-5302
fcp@falmouthme.org

FCP Notes
We reserve the right to revise dates, times and/or prices due to changes that occur after publication. Thank you for your understanding.

The Town of Falmouth will try make reasonable accommodations for alternative access and participation when events or meetings are scheduled on religious observances.

If you have a disability or injury and need additional accommodations to participate in any of our programs, please call our office 699-5302.

Changes, additions and updates for FCP activities can be found on our website at the following address:
www.falmouthme.org

We also reserve the right to use any photos and/or videos of programming in future brochures or advertisements.
Afterschool Activities

Youth Cycle Project
Gr. 1-5
We take fun really seriously while teaching biking skills. Riders will be grouped by biking experience. Every ride will start with an equipment check to make sure helmets and bikes are safe. We will cover fundamentals of riding and how to ride on roads and sidewalks safely with friends and families, as well as how to do a basic bike check at home. Newer riders will be introduced to the fundamentals of mountain bike riding.

Instructor: Youth Cycle Project Staff
Date: Sunday, April 23-May 21 (No class May 14)
Fee: $100
Location: Falmouth Elementary School, parking lot
Time: 11:00am-12:15pm
Session: 41047.1A

Forces Galore w/High Touch/High Tech
Gr. K-2
Explore invisible forces as we investigate what makes things move and what make them stop. Discover why we cannot float and what is the invisible force that allows planes and birds to fly. Uncover the difference between forces and energy and so much more.

Instructor: High Touch/High Tech Staff
Date: Mondays, May 1-June 5 (No class May 29)
Fee: $95
Location: FES, Rm. B109
Time: 3:15-4:15pm
Session: 41059.1A

Mrs. Farmer & Friends
Gr. K-2
Kindergartners always ask for more Explore and Play and first and second graders miss this Kindergarten classic choice time. Join Mrs. Farmer in her classroom for an extra long Explore and Play time after school. Options will include building, painting, playing board games, making crafts, doing puzzles, creating with playdoh, or playing with your favorite toys. We will chat, laugh, make new friends, and help each other in a relaxing and playful environment.

Instructor: Amy Farmer
Date: Mondays, May 1-June 5 (No class May 29)
Fee: $61
Location: FES, Rm. C100
Time: 3:15-4:15pm
Session: 41059.1A

Fun Chefs Cooking Academy
Gr. 1-5
Each week participants will prepare delicious recipes and create a journal/cookbook to keep and bring home to show off their new skills. Participants will learn the art of cooking along with lessons in nutrition, sanitation, geography, and culinary math. Bus transportation is not available for this program.

Instructor: Fun Chef’s staff
Date: Tuesdays, May 2-30
Fee: $122
Location: Mason-Motz Activity Center
Time: 3:45-4:45pm
Session: 41061.1A

Seacoast United Spring Soccer Programs
Ages 3-10
Seacoast United (SU) Soccer is offering two programs this spring: SU Minis and Futures for ages 2-6, teaches the fundamentals of soccer using a fun and energetic curriculum and SU Juniors for ages 7-10, which strives to enhance technical ability of players regardless of level/experience. Coaches will work on a wide variety of skills. Shin guards required. Please bring your own ball.

Instructor: SU Staff
Date: Saturdays, May 13-June 10 (No class May 27)
Max: 12
SU Minis (Ages 3-4): 41127.1D
Time: 1:00-1:45pm
Fee: $75*
SU Juniors (Ages 7-8): 41127.1B
Time: 2:00-3:00pm
Fee: $80*
SU Futures (Ages 5-6): 41127.1A
Time: 1:00-1:45pm
Fee: $75*
SU Juniors (Ages 9-10): 41127.1C
Time: 2:00-3:00pm
Fee: $80*
* Scholarships for FCP soccer programs (pages 4 & 13-16) available from the Dan Fabio Soccer Scholarship.
Requests may be made confidentially at the Community Programs office upon registration.
Falmouth Community Programs, 190 Middle Road, Falmouth, Maine 04105   www.falmouthme.org

**Etiquette**

*Essential Etiquette for Teens*
*Ages 13-18*

This half-day workshop will cover basic etiquette including proper introductions, including handshakes and eye contact, body language and how to make a positive first impression as well as how to be the perfect guest, including invitations and thank you notes. “Netiquette”, the acceptable and correct way to behave on the internet, will also be covered. Participants will learn about common courtesies in public places, table skills and dining manners, informal and formal place settings, American vs. Continental dining, tipping guidelines, and important interviewing tips for college and job interviews.

*Instructor: Jennifer Wahlig*  
*Date: Saturday, June 3*  
*Fee: $150*

**Martial Arts**

*Falmouth Martial Arts*
*Ages 3 & Up*

Falmouth Martial Arts (FMA) Taekwondo for Kids teaches traditional Taekwondo, designed to enhance character development skills such as respect, integrity, courtesy, self-confidence, self-esteem and friendship which all develop naturally through the FMA training process. No class on May 29.

*Instructor: FMA Staff*  
*Location: Mason-Motz Activity Center*  
*Fee: $170*  
*Date: Mon. & Wed., May 8-June 28*  
*Session: 41142.1A*

**Summer Session: Tues./Thurs.**  
*Date: July 11-August 31*  
*Session: 41144.1C*

**Ages 6-8**

*Session 3: Beginner Mon. & Wed.*  
*Date: Mon. & Wed., May 8-June 28*  
*Session: 41134.1A*

**Summer Session: Tues./Thurs.**  
*Date: July 11-August 31*  
*Session: 41134.1C*

**Ages 9 & Up**

*Session 3: Advanced Mon. & Wed.*  
*Date: Tues.-Thurs., May 8-June 28*  
*Session: 41136.1A*

**Summer Session: Tues./Thurs.**  
*Date: July 11-August 31*  
*Session: 41136.1C*

**Falmouth Martial Arts Summer Camp**
*Ages 6-12*

Join us for a fun filled week of activities. A portion of each day will include age/skill appropriate Taekwondo instruction (no prior experience needed) and some practical self-defense. While Martial Arts is a key component of the program it is not the only focus. Our camp will also include activities that involve games, sports, crafts, and more. Our goal is to provide each child with a physically active, and memorable experience in a fun and safe environment.

*Instructor: FMA Staff*  
*Location: Mason-Motz Activity Center*  
*Fee: $275/$180*  
*Date: June 19-23*  
*Session 1: 41134.1A*

*Date: June 19, 22, 23*  
*Session 2: 41134.1B*

*Date: June 26-30*  
*Session 3: 41828.1C*

*Date: August 21-25*  
*Session 4: 41828.1D*

*Date: August 28-Sept 1*  
*Session 5: 41828.1E*
Youth Tennis

St. Peter's
Grand Slam Tennis

Little Tykes Tennis ~ Ages 4-7
Children will learn the fundamentals of this lifetime sport with a focus on safety and fun with equipment scaled down to be size and age-appropriate. Players will use 19” or 21” racquets to help develop proper coordination as they acquire new skills through interesting games and relays. Parents must accompany their children and **sneakers are a must**!
Director: Ben Putnam, St. Peter’s Grand Slam Tennis

Spring Sessions
Session 1: 41611.1A
Location: Huston Courts, Winn/Falmouth Road
Date: Tuesdays, May 2-23
Time: 5:15-6:00pm
Fee: $60
Session 2: 41611.1B
Location: Huston Courts, Winn/Falmouth Road
Date: Tuesdays, June 6-27
Time: 5:15-6:00pm
Fee: $60

Summer Sessions
Session 1: 41611.1C
Location: FMS Tri-Courts, Woodville Road
Date: Mondays & Wednesdays, June 19-July 26
Time: 9:00-9:45am
Fee: $105 (No class June 21 & July 3, 5, 17, 19)
Session 2: 41611.1D
Location: FMS Tri-Courts, Woodville Road
Date: Mondays & Wednesdays, July 31-Aug. 16
Time: 9:00-9:45am
Fee: $90

Junior Development Tennis ~ Ages 8-13
Beginner players will follow a progressive teaching format. Each session includes basic tennis strokes and strategy in an enthusiastic but low-pressure environment. The intermediate and more advanced players will follow a more intense drill format to refine strokes, strategy, and competitive match play with a mix of strength and conditioning. Participants must supply their own racquet and **wear sneakers**.

Spring Sessions
Session 1: 41110.1A
Location: Huston Courts, Winn/Falmouth Road
Date: Tuesdays, May 2-23
Time: 4:30-5:15pm
Fee: $60
Session 2: 41110.1B
Location: Huston Courts, Winn/Falmouth Road
Date: Tuesdays, June 6-27
Time: 4:30-5:15pm
Fee: $60

Summer Sessions
Session 1: 41110.1C
Location: FMS Tri-Courts, Woodville Road
Date: Mondays & Wednesdays, June 19-July 26
Time: 10:00-10:45am
Fee: $105 (No class June 21 & July 3, 5, 17, 19)
Session 2: 41110.1D
Location: FMS Tri-Courts, Woodville Road
Date: Mondays & Wednesdays, July 31-Aug. 16
Time: 10:00-10:45am
Fee: $90

St. Peter's Grand Slam Tennis Camp ~ Ages 8-18
Tennis camps offered through St. Peter’s Grand Slam Tennis are fun, challenging and instructional. These camps cater to all skill levels for boys and girls ages 8-18. Beginners follow a progressive format each session learning basic tennis strokes and strategy. Intermediate and Advanced players spend time refining strokes, advancing strategy and competing in match play. Camps are taught by certified tennis teaching professionals and current and former Division I, II, III college tennis players.
Director: Ben Putnam, St. Peter’s Grand Slam Tennis

Session 1 FULL DAY: 41830.1A
Dates: Monday-Friday*, July 17-21
Time: 9:00am-4:00pm (*Friday 9:00am-12:00pm)
Fee: $300

Session 2: 41830.1C
Dates: Monday-Friday, August 21-25
Time: 9:00am-12:00pm
Fee: $210

St. Peter's
Grand Slam Tennis

Falmouth Community Programs, 190 Middle Road, Falmouth, Maine 04105  www.falmouthme.org
Adventure Camps

**Fishing Camp**  
**Gr. 4-8**

Fish every day for a week! No experience or equipment is necessary. Fish from kayaks, canoes and paddle boards in fresh water and salt water. Learn about knots, lures, baits, and how to tie flies. There will be prizes and giveaways. We will meet at Highland Lake off Lowell Farm Road on Monday and Tuesday to fish for freshwater species and Wednesday and Thursday at Town Landing to fish for salt water species. Friday will be “Bring a Friend Day” with the option of inviting a friend/family member to fish join you and fish together.

**Instructor: Seaspray Kayaking Staff**  
**Fee: $227**

**Morning Session**  
Session 1: 41420.1A  
**Time: 9:00am-12:00pm**

**Location: Highland Lake & Town Landing**  
**Dates: Monday-Friday, June 26-30**

**Afternoon Session**  
Session 2: 41420.1B  
**Time: 1:00-4:00pm**

**Cruising Under Sail**  
**Summer Sailing Camp ~ Entering Gr. 6-8**

Join a crew with five other middle school students and an instructor. Learn to sail a 23’ keelboat, row a dinghy, set and strike sail, navigate and use a marine radio. Other skills taught include weather watching, tying knots, and basic sailing safety. We will sail Casco Bay on the boat, the *Pearson Ensign*. It is a strong, unsinkable, comfortable, fiberglass boat that is still on the race circuit. There is plenty of room for students to learn to work together and spread out as they learn how to navigate Casco Bay.

**Instructor: Sailing Ships Maine Staff & Volunteers**  
**Location: Falmouth Town Landing**  
**Fee: $350**

**June Camp**  
**Date: Monday-Friday, June 26-30**  
Session: 41825.1A  
**Max: 6**

**August Camp**  
**Date: Monday-Friday, August 21-25**  
Session: 41825.1B  
**Max: 12**

**Sea Kayaking & SUP Camp**  
**Gr. 4-8**

Participants will have fun on the water playing games, learning paddling strokes and rescue skills. Everyone will get a chance to paddle single and double kayaks and paddle boards. We will begin in fresh water at Highland Lake Monday-Wednesday and then finish paddling in Casco Bay at the Town Landing on Thursday and Friday.

**Instructor: Seaspray Kayaking Staff**  
**Date: Monday-Friday, July 31-August 4**

**Morning Kayak Camp**  
**Time: 9:00am-12:00pm**  
Session: 41412.1A

**Afternoon Kayak Camp**  
**Time: 1:00-4:00pm**  
Session: 41412.1B

**Session 1: 41420.1A**
**Session 2: 41420.1B**

**Overnight Rafting Adventure**  
**Ages 11 & Up**

We have expanded the trip to two days. Come see what all the excitement is about. We travel with Adventure Bound to the banks of the Kennebec River. Experience whitewater rafting, rock climbing and rappelling, swimming and hiking to Moxie Falls. Included in the fee are dinner on Tuesday; breakfast, lunch and dinner on Wednesday, breakfast and lunch on Thursday, transportation, and all activities. A liability waiver is available at the FCP office and must be signed by a parent or guardian prior to the trip.

**Leaders: FCP & Adventure Bound Staff**  
**Date: Tuesday-Thursday, August 8-10**

**Depart/Return: Mason-Motz Activity Center**  
**Depart/Return Time: 10:00am/5:30pm**  
**Session: 41523.1A**

Falmouth Community Programs, 190 Middle Road, Falmouth, Maine 04105  www.falmouthme.org
Camp Play-All-Day ~ Entering Gr. K-1

Camp Play-All-Day is for children entering Grades Kindergarten and Grade 1 (must be age 5 or older on or before October 15, 2023). The program includes creative and stimulating activities, games, nature exploration, sports, theme days and more. We are offering a half week option for those looking to introduce their child to camp gradually. The half week option will run Tuesday-Thursday and does not include field trips. We cannot make any adjustments to the days available for the half-week option.

This camp is on a shared campus with other FCP programs and operates in conjunction with the traditional Day Camp and will include field trips on Fridays for those attending the full week. Campers are placed by grade (entering Fall 2023) and group maximums are based on effective camper-to-counselor ratios.

**Director:** Ashlee Quirrion  
**Location:** Falmouth High School  
**Max:** 20 per grade

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Full Week fee: $268/$214*  
Half Week (Tu-Th) fee: $169/$117*  
Time: 8:30am-3:30pm

Day Camp ~ Entering Gr. 2-5

FCP’s Day Camp for children entering Grades 2-5 (Fall 2023) consists of six, one-week sessions. The program includes creative and stimulating activities, games, nature exploration, sports, special trips, theme days, and more. This camp is on a shared campus with the FCP Senior Camp but operates independently with Fridays as designated field trip days. Campers are placed by grade (entering Fall 2023) and group maximums are based on effective camper-to-counselor ratios.

**Director:** Ashlee Quirrion  
**Location:** Falmouth High School  
**Fee per week:** $268/$214*  
**Max:** 20 per grade

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Time: 8:30am-3:30pm

Senior Camp ~ Entering Gr. 6-8

FCP’s Senior Camp is designed for boys and girls entering Grades 6-8 (Fall 2023). Campers participate in a wide variety of activities, games and theme days. While the Senior Camp may participate in special events with the Day Camp, the camp does operate independently designating Wednesdays as their field trip days.

**Director:** FCP Staff  
**Location:** Falmouth High School  
**Fee per week 1-5:** $284/$229*  
**Fee for week 6:** $314**  
**Max:** 40 per session

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**Session 6 includes trips Tuesday, Wednesday, and Thursday. A schedule of trips is available in the Senior Camp Packet and online in each week’s write up. Registration for Session 6 requires attendance in at least one additional session; this is NOT a stand alone week.**

Registration deadlines are 12:00pm on the Thursday PRIOR to each session.  
Please note: Those dropping off before 8:30am or picking up after 3:30pm must sign up for extended care!
Gap Camp ~ Entering Gr. K-8

Let us help you “fill the gap” for two additional weeks this summer. We will move camp from the school campus to the Mason-Motz Activity Center where we will continue to enjoy all that summer has to offer. Groups will be smaller with daily field trips (weather permitting) and campers divided into three groups: Grades K-2, Grades 3-5, and Grades 6-8.

Director: Ashlee Quirrion  
Location: Mason-Motz Activity Center  
Time: 8:30am-3:30pm

Fee per week: $268  
Max: 20 per group

**Session 7**  
August 7-11

**Session 8**  
August 14-18

**Early Bird Rates**

Register by April 21 and receive $10 off each session of any day camp listed on pages 8 & 9.  
Receive $5 off each half week option  
Discount does NOT apply to AM & PM Extended Hours.

AM & PM Extended Hours

Extended Hours are designed to accommodate parents who are unable to arrange drop off and/or pick up during regular camp hours for any FCP Camp held at the Middle School or High School campus. June 26-August 4 Art & Sports Camps on-campus included. Campers may participate in quiet games, small group activities or open gym. Due to increased staffing demands, space will be limited.

Leader: Day Camp Staff  
Location: FHS, Gym & Cafeteria  
Max: 30 per session

Morning Care  
Time: 7:30-8:30am  
Fee: $58/$52*per week

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*Please Note: Session 7 & 8 are during Gap Camp and will be held at the Mason-Motz Activity Center.

Art Camps

"Love It" Art Camp ~ Gr. 4-8

A week-long workshop exploring hand building clay, painting, and drawing. Participants experience the qualities of art through demonstrations and discovery. Supplies provided. Students are encouraged to wear clothing that can get dirty and a smock or apron.

Instructor: Meg Lovett, FMS Art Teacher  
Location: FMS, Art Room  
Date: Monday-Friday, June 26-30  
Time: 9:00am-3:00pm  
Session: 41417.1A

Fee: $249

Everything and More Art Camp ~ Gr. 1-4

A fun filled week for all young artists. During this week of creativity and creation we’ll experiment with a variety of mediums. We will build with clay, create with wood, draw, craft, and spend some time playing outside too. The emphasis for this art camp week is on exploring the creative process and having fun.

Instructor: Kirsten Hackett  
Location: FES, Room B109  
Date: Monday-Friday, July 17-21  
Time: 9:00am-3:00pm  
Session: 40430.1A

Fee: $249
**Enrichment Camps**

**Life on Earth: Starting Small**  
Gr. 1-6

All life starts with atoms, their reactions and their interactions. This week explore the tiny side of life on earth by starting with the building blocks of... well, everything. Get up close with atoms, elements, chemical reactions, and biomolecules like DNA.

*Instructor: High Touch/High Tech Staff*  
*Date: Monday, Thursday, Friday - June 19, 22, 23*  
*Fee: $234*

**Coding & Design Camp**  
Gr. 4-8

Let's do it all; create, code, 3-D design and print. This half day camp is for kids interested in hands-on activities, building, designing and engineering. Each day campers will explore new technologies and concepts and use those skills to create fun and engaging projects. Don't forget to pack a snack.

*Instructor: Andy Davidson, FMS Tech teacher*  
*Date: Monday-Friday, June 26-30*  
*Fee: $175*

**Life on Earth: Coming Alive**  
Gr. 1-6

Isn't it amazing you are you, and you share this planet with so many incredible living things? This week learn all about the living things that tiny things can make. Experiment your way from single cells and the organ systems in your body, all the way to the biggest gorilla in the forest and the biggest shark in the sea.

*Instructor: High Touch/High Tech Staff*  
*Date: Monday-Friday July 3-7*  
*(No class Tuesday, July 4)*  
*Session: 40431.1B*  
*Fee: $315*

**Musical Theatre Camp ~ "The Aristocats"**  
Gr. 2-6

"Everybody wants to be a cat!". In one fun-filled week, students will learn songs, dances, and scenes from "The Aristocats". Each day will include drama games, dancing, singing, and team building skills. Students will also be creating props, costumes, and scenery for their show. It will culminate with a live performance on the last day of camp.

*Instructor: Barry Brinker*  
*Date: Monday-Friday, July 10-14*  
*Fee: $240*

**Makers of the Future w/Mad Science**  
Gr. 1-6

Come one, come all young minds and hop on the maker train. Our minds are made for MAKE-ing and this cutting edge camp is guaranteed to inspire the emerging inventor, designer, artist, engineer, and tinkerer. STEAM thinking gets activated through hands-on exploration with intelligent robots, stop-motion animation, game design, and app-enabled building blocks that teach innovation. Children engage with the inventor's cycle by snapping together electronic building blocks to create various gizmos and gadgets. Discover the FUN-damentals of programming with three intelligent robots that have big personalities. Build mechanical devices to solve problems and invent an app-enabled smart car. Take a look back at early animation and then move to the present using green screens to create animation shorts. MAKE and take-home an electric wiggle bot, circuit creature, moving picture device, mechanical grabber, and so much more.

*Instructor: Mad Science Staff*  
*Date: Monday-Friday, July 17-21*  
*Fee: $387*  
*Session: 41424.1A*
More Enrichment Camps

Mrs. Farmer Goes to Camp
Gr. K-2

Join Mrs. Farmer along with her friends Mrs. Story & Mrs. Paradis for a week of building social skills, hands-on learning, math activities, stories, and art projects. Campers will have a chance to refresh some of their academic skills while doing some fun theme-based activities. Each day we will explore a different theme, such as habitats, strong structures, matter, motion, and animal adaptations. Activities will be adjusted to meet the skills and needs of the participants. Emphasis will be placed on building social skills, solving problems, and developing a growth mindset. We aim to create a relaxed, structured learning environment where students can gain skills and confidence in themselves as friends and learners. The schedule will include small and large group activities, snack, outdoor play, and lunch. Our program will be based in Kindergarten classrooms. We will also use the various outdoor learning areas on campus, such as the gardens, athletic fields, and trails to enhance our days.

Instructor: Amy Farmer
Time: 8:30am-12:30pm
Session 1: 40432.1A
Date: July 24-28

Session 2: 40432.1B
Date: July 31-August 4

Eureka! The Inventors Camp w/Mad Science
Gr. 1-6

Inspire the inventor and scientist in you during this week of discovery and invention. Each day children will be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all – their mind. If you were stranded on a desert island how would you survive? You will need to build shelter, find food and purify water, protect yourself and your teammates from the elements and find a way off the island. Journey to the future and examine the ultramodern inventions of the 23rd century and then design the future - today. Create mini light sabers, mini space stations, and electric flying contraptions. With a little bit of ingenuity, you'll construct catapults and forts, build Ruberg contraptions that perform simple tasks, and experiment with humanoid robots. Take home projects include ping-pong ball launchers, mousetrap contraption cars, mystery sticks, tubular blow darts, and other wacky contraptions. While Thomas Edison said, "invention is 10% inspiration and 90% perspiration" this camp is 100% FUN!!

Instructor: Mad Science Staff
Location: Mason-Motz Activity Center
Time: 9:00am-3:00pm
Session: 41415.1B

Life on Earth: World of Life
Gr. 1-6

Scientists know everything on earth is interconnected. This week we will explore how living and nonliving things come together and interact on our home planet. Participants will examine predator and prey relationships, different ecosystems and biomes, how living things adapt to the challenges they face, and finish our journey with the entire story of life on earth so far.

Instructor: High Touch/High Tech Staff
Location: Mason-Motz Activity Center
Time: 9:00am-3:00pm
Session: 41414.1C

Cartooning & Drawing Camp
Gr. 2-6

A creative camp perfect for those who like to draw and doodle and use their imagination for art. Acquire new skills and tricks using different materials while learning how to draw action and create comics. Participants will have the chance to share ideas, sharpen skills and have fun doing it. Please pack a snack.

Instructor: Simon Adams, FMS Art Teacher
Location: Mason-Motz Activity Center
Time: 9:00am-12:00pm
Session: 41414.1A
More Enrichment Camps

Underground Explorers w/Mad Science
Gr. 1-6
Dig up the ancient past. Solve real-life mysteries. Kids learn about archaeology and the techniques scientists use to excavate long lost cities. They discover ancient civilizations and the tools and artifacts they used in everyday life. They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history. What’s more, each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world.

Instructor: Mad Science Staff
Date: Monday-Friday, August 21-25
Fee: $387
Location: Mason-Motz Activity
Time: 9:00am-3:00pm
Session: 41415.1C

Everything and More P.E. Camp
Gr. 1-4
Want to get some exercise and have a whole lot of fun? Come join Ms. Doe this summer and participate in a variety of games and activities that will keep you moving. Some of the activities will include tag games, scooter boards, parachute activities, bowling pins, hula hoops, and even some rubber chickens. We will be spending time in the gym as well as outdoors, please dress for the weather.

Instructor: Jenn Doe
Date: Monday-Thursday, August 21-24
Fee: $149
Location: FES, Gym
Time: 8:30am-12:00pm
Session: 41832.1A

DaVinci Experience Camps

Experienced teachers lead small groups and explore new themes each week as campers have lots of fun participating in art projects, hands-on science activities and outdoor games.

Instructor: DaVinci Experience Staff
Full Day (Ages 4-13)
Time: 8:00am-3:00pm
Fee: $325
Location: Mason-Motz Activity Center
Extended Day Option
Time: 3:00pm-5:30pm
Fee: $100

Space Station Vacation
During this explorational week of camp, campers will fuel up their imaginations and take a trip into outer space. Campers will learn about the different planets, stars, and the sun, discuss famous rocket ships and explorations, discuss influential astronauts in history and what it takes to be an astronaut. Campers will also build their own rocket ships, make garbage bag space suits, and eat astronaut food, launch mini rockets, and make beautiful space art.

Date: Monday-Friday, July 10-14
Full Day: 41410.1F
Extended Day: 41408.1F

The Art of Acting
In this week of imagination and crafts, campers will explore both the onstage and offstage aspects of theater. They will plan mini-performances, as well as create their own costumes and sets using recycled materials. Campers will explore puppetry, claymation, mime, and script-writing. This is a great camp for creative kids who thrive both on the stage or behind the scenes.

Date: Monday-Friday, July 24-28
Full Day: 41410.1C
Extended Day: 41408.1C

Castles & Knights
Join us for a fun week full of imagination. Campers will develop their own medieval personas as they create costumes, and build 3D castles. Children will design armor, shields, and helmets as well as crowns, head dresses, and capes. Campers will feel like true engineers as they build catapults and and launch marshmallows during our “Marshmallow Wars” and learn about and create their own fire breathing dragons. At the end of the week, campers will be sent on a special quest to find hidden dragon’s eggs and unlock little prizes.

Date: Monday-Friday, July 31-August 4
Full Day: 41410.1B
Extended Day: 41408.1B
The undersigned hereby releases and holds harmless the Town of Falmouth, Falmouth Community Programs (FCP) and its agents and employees from and against any and all suits, actions and damage arising out of, connected with, or resulting from participation in this program/event sponsored by Falmouth Community Programs. The undersigned further authorizes anyone working for FCP to call for medical care for any participant if, in the opinion of the program supervisor, medical attention is needed. In addition, FCP is given permission to use your or your child’s photograph in any FCP promotional material such as brochures, flyers or videos.

**SUMMER 2023 BROCHURE REGISTRATION FORM**

**PARTICIPANT First Name:**

**Last Name:**

**Address:**

Falmouth, ME 04105  

**Day/Cell Phone:**

**Non-resident Town/Zip:**

**Night Phone:**

School: FES  FMS  Grade September 2023  

M/F  Age Now  

**Birthdate:**  

**Shirt Size:**

**SPECIAL NEEDS OR CONCERNS:**

**E-mail:**

**EMERGENCY CONTACT:**

**PHONE:**

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**Participant/Parent Signature:**

**PRINT Name:**

**Birthdate:**

*Denotes required information for ALL participants including adults.

Parents please make sure you have signed this form. We cannot process the registration without a signature. Your signature on this registration form will also act as a BLANKET PERMISSION for ALL camp activities INCLUDING FIELD TRIPS!

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Payment can be made by check made out to the TOWN OF FALMOUTH or by credit card. If paying by credit card, please fill out the following information:

Card #_________________________

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For Office Use Only:

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Check No:
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*Participant/Parent Signature: ____________________________  *Birthdate: ____________________________

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STOP! Have you checked out our on-line registration option? Go to www.falmouthme.org

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Exp Mo/Yr _________________________
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Signature of Card Holder
X ________________________________

For Office Use Only:
Reg Input:       C & Ch Log:       Amt:       Check No:
Youth Running Programs

Falmouth Flyers - USATF
Ages 6-14 (Participants must remain age 14 in 2023)
REGISTRATION DEADLINE IS JUNE 1*

Youth Track & Field is the number one participatory sport among high school and middle school athletes. It’s important to note that while this sport is competitive in nature, the overall goals are to have fun, learn about track and field events, improve fitness and achieve personal bests. Participants will have the option to decide from a number of events. The official meet schedule will be given at the first practice. *Registrations after the June 1 deadline will be placed on a wait list. If a spot in the program becomes available, a late registration fee of $25 in addition to the program fee will be charged. No refunds after June 1. Participants must purchase their own USATF membership online at www.usatf.org and list as wishing to participate with the Falmouth Club #01-0041.

Coaches: Head Coach, Alice Outslay & Asst. Head Coach, Lydia Farmer
Fee: $160 (shirt included)

Practices
Location: Falmouth High School Track
Date: Tuesdays & Wednesdays, June 20-July 26
Time: 5:15-6:30pm (No practice July 4)

Meets
Location: Local High School Tracks
Date: Thursdays, June 29-July 27**
Time: 2:00pm**

**Meets tend to start earlier and return later depending upon size and location. The Qualifying Meet (August 3 at 10:00am) and State Meet (August 12 at 9:00am) extend beyond the regular season.

Fall Falmouth Striders ~ Gr. 1-5
This running program for youngsters is similar to cross-country running, but without the difficult terrain. The group typically practices on Mondays with meets in the Coastal Running League held on Wednesdays (final meet is on a weekend day). A schedule of the meets will be forwarded to participants after the first practice. Meets are held at approximately 4:15pm. No refunds after August 4. There will be a mandatory parent meeting on September 6 at 5:30pm following practice. FCP DOES NOT PROVIDE TRANSPORTATION FOR THIS PROGRAM.

Coach: Alice Outslay, Head Coach
Coach: Lydia Farmer, Asst. Head Coach
Location: Community Park, last set of fields
Date: Mon. & Wed., September 6-October 16
Practice Time: 4:30-5:30pm (No practice October 9)
Meet Time: 4:15-5:30pm*

Grades 1 & 2
Max: 30
Session: 41118.2A

Grades 3 & 4
Max: 30
Session: 41118.2B

Grade 5
Max: 15
Session: 41118.2C

*Time is approximate and depends upon meet location.
**Striders shirts are available for $15.00. You must purchase a shirt if you do not already have one. Please indicate your shirt size on the registration form. Sizes are Youth S-L and Adult S-L.

Let Us Host Your Birthday Party!

You bring the guests and we do the work!
Facility, Staff, Equipment and Games provided.

Do you need help with a birthday party and do not have the space to plan and prepare for that special day? Falmouth Community Programs can help. We have two options for your party needs. All option pricing includes up to 20 attendees. Cost for additional attendees is $5 per person.

FMI - Please contact FCP Office 699-5302.

Option #1: Do it Yourself - We open our doors*, clean, close up shop and you do the rest ~ $150
Option #2: Just for the Fun of It - Option 1 and we provide staff to help set up and run games ~ $200

*Facility includes use of the gym and party room for 2 hours.
All birthday party options are pending staff availability.
Athletic Camps

Seacoast United Soccer Camp
Entering Pre-K to Grade 6

Seacoast United (SU) Soccer is a locally based professional soccer company that uses coaches from both near and far to teach fundamentals through advanced soccer skills. The SU Minis program is an introduction to soccer through the use of fun games and enthusiastic coaches. In the SU Juniors Program, players are introduced to basic soccer techniques through games and small-sided play. In the Technical Training Program, the training is more rigorous and focused on the technical, tactical, physical, and psychological parts of the game. All programs focus on sportsmanship and personal skills are addressed. Players should bring a ball, snack/lunch, sunscreen, hat and water bottle. Shin guards are required.

Coach: SU Maine Soccer Staff
Location: Falmouth Community Park
Date: Monday, Thursday, Friday, June 19, 22, 23
Min: 25 Max: 50

SU Minis, Ages 3-5
Time: 9:00-10:00am
Fee: $69
Session: 41824.1C

SU Juniors, Gr. K-2
Time: 9:00am-12:00pm
Fee: $99
Session: 41824.1A

SU Technical Training, Gr. 3-6
Time: 9:00am-3:00pm
Fee: $165
Session: 41824.1B

Scholarships for all FCP soccer programs are available from the Dan Fabio Soccer Scholarship Program. Requests may be made confidentially at the Community Programs office upon registration.

Falmouth Rogue Ultimate Disc Morning Camp
Boys & Girls Entering Grades 3-8

Falmouth Rogue is a local boys and girls Ultimate club that helps players improve their Ultimate Disc game. Beginners to more advanced players are welcome. The coaches will teach the fundamentals of Ultimate and move to more advanced skill building throughout the week. Participants will learn how to be better players through small-sided games and sport specific drills. Participants should bring their own snack/lunch, sunscreen, hat, and water bottle. Ultimate Camp scholarships are available on a sliding fee scale. Requests can be made confidentially at the FCP office.

Instructor: Shea Gunther, Falmouth Rogue Ultimate
Location: Falmouth Community Park
Date: Monday-Thursday, June 26-29
Time: 9:00am-1:30pm
Fee: $185 (includes a disc)
Session: 41826.1A

Maineiax Lacrosse Afternoon Camp
Boys & Girls Entering Grades 3-8

Maineiax is a local premier boys and girls lacrosse club that helps players meet their goals and grow their lacrosse game. Whether you are just learning or looking to take your game to the next level, our elite coaches will teach the fundamentals as well as advanced lacrosse skills. Using small groups and stations, we will concentrate on stickwork, agility and footwork as well as offensive and defensive concepts. Skills we will focus on include dodging, ground balls, cradling, shooting, defense and more. In addition, to the required equipment, players should bring their own mouthguards, snack/lunch, sunscreen and water bottle.

Instructor: Maineiax Lacrosse Club Staff
Location: Falmouth Community Park
Date: Monday-Thursday, June 26-29
Time: 1:30pm-4:00pm
Fee: $175 (includes camp t-shirt)
Session: 41811.1A
Falmouth Elite Soccer Training Camp  
Boys & Girls - U10-U14

This program is geared toward the Travel Team and Premier level players. Emphasis will be on individual skill development. This camp is ideal for those who want to take their game to the next level. During his career at Falmouth, Coach Halligan has won nine State Soccer Championships, coached six All-Americans, and has prepared his players for play at the highest collegiate and professional levels. In the case of inclement weather, the FMS Gyms will be used. Sneakers, cleats and soccer shin guards are required.

Director: David Halligan, FHS Boys Varsity Soccer Coach
Staff: Falmouth High School Coaching Staff, Alumni Players, and Current Players
Location: FMS Gym, Softball and Field Hockey Fields
Date: Monday-Friday, July 10-14 (No camp Tuesday, July 4)

Yachtsman FUNdamental Soccer
Time: 9:00-11:30am
Fee: $110
Session: 41815.1A

Yachtsman FUNdamental Basketball
Time: 12:30-3:00pm
Fee: $110
Session: 41815.1B

Yachtsman FUNdamental Combo
Time: 9:00am-3:00pm
Fee: $220
Session: 41815.1C

Yachtsman Advanced Basketball Camp
Boys & Girls Entering Grades 4-9

This program is geared toward players who want to improve their basketball skills to compete at the next level. Individual player development will be emphasized. Players will be challenged in a supportive and competitive environment and will be grouped by age and/or ability.

Location: FMS, Large and Small Gym
Date: Monday-Friday, July 17-21
Time: 9:00am-3:00pm
Fee: $274
Session: 41816.1A

Boys Camp
Coach Halligan has coached FHS teams to four State Championships and two players who became the State of Maine’s “Mr. Basketball”.
Director: David Halligan, HS Boys Varsity Coach
Session: 41816.1A

Girls Camp
The girls camp will be led by Coach Halligan with special appearances from area high school coaching staff.
Director: David Halligan, HS Boys Varsity Coach
Session: 41823.1A
More Athletic Camps

The Edge Academy Baseball & Softball Camps ~ Age 6-15
The professionals of The Edge Academy present these sports in a teaching environment using techniques where coaches strive to improve hitting, pitching, throwing and fielding mechanics. Bring your glove, bat, sunscreen, water bottle, lunch and come have some fun.
Baseball/Softball Director: Edge Academy Staff
Date: Monday-Friday, July 24-28
Baseball Camp, Ages 6-8
Time: 9:00am-12:00pm
Fee: $145
Session: 41819.1C
Baseball Camp, Ages 12-14
Time: 9:00am-12:00pm
Fee: $145
Session: 41819.1D
Location: Legion Ball Field Complex
Min: 12 Max: 50

Baseball Camp, Ages 12-14
Time: 9:00am-3:00pm
Fee: $225
Session: 41819.1A

Softball Camp, Ages 9-15
Time: 9:00am-12:00pm
Fee: $145
Session: 41819.1B

More Athletic Camps

Challenger Sports First Kicks British Soccer Camp ~ Age 3-5
For one hour a day this unique and creative program introduces very young players to the basics of soccer. Kids will learn to kick, dribble, stop the ball and play with teammates. Development is achieved through fun games and imaginative themes in a positive, energetic and magical environment for the kids. Soccer shin guards, sneakers and a water bottle are the essential pieces of equipment needed for this program. No refunds after July 1. Please indicate shirt size when registering.
Coaches: Challenger Soccer Staff
Date: Monday-Friday, July 31-August 4
Fee: $117
Min: 10 Max: 50
Location: Falmouth Community Park
Time: 8:00-9:00am
Session: 41818.1D

Challenger Soccer Camp & Advanced Program
Entering Gr.K-6 & Entering Gr. 7 & 8
Camps are designed to provide campers with a fun soccer learning environment. The program is complete with educational and fun soccer games, skills sessions, soccer rules and small-sided scrimmages. Participants are separated by grade level and should bring a snack, lunch, hat, and sunscreen. Players enrolled in the Advanced Program for Gr. 7 & 8 will prepare for fall soccer with an intense and extensive preseason soccer training program. Challenger Soccer international coaches use the latest techniques and drills to ensure players are prepared both physically and mentally for the season ahead. A ball and t-shirt are included. HOST A COACH is a popular option. For each coach you host, receive an $80 rebate. FMI contact FCP office. Shin guards required. No refunds after July 1. Please indicate shirt size.
Coaches: Challenger Soccer Staff
Date: Monday-Friday, July 31-August 4
Fee: $195
Min: 25 Max: 50
Location: Falmouth Community Park
Time: 1:00-4:00pm
Session: 41819.1B

Community Athletic Solutions (CAS) Soccer Camp
Ages 4-14
Community Athletic Solutions (CAS) offers a complete soccer experience teaching participants all of the skills they need for Fall soccer using fun soccer games and small-sided scrimmages. Participants should bring plenty of water, a snack, lunch, hat, and sunscreen. CAS coaches use their curriculum to ensure players are prepared for the season ahead. A ball and t-shirt are included. Please indicate shirt size. Shin guards required. No refunds after July 27. Camp is free if you host a coach.
Coaches: CAS Soccer Staff
Date: Monday-Friday, August 14-18
Ages 4-6
Time: 9:00-10:30am
Fee: $150
Session: 41831.1A
Ages 7-14 (Half Day)
Time: 9:00am-12:00pm
Fee: $186
Session: 41831.1B
Ages 8-14 (Full Day)
Time: 9:00am-3:00pm
Fee: $279
Session: 41831.1C
Location: Falmouth Community Park
Min: 25 Max: 50

Falmouth Community Programs, 190 Middle Road, Falmouth, Maine 04105 www.falmouthme.org
Fall Soccer with Seacoast United

REGISTRATION DEADLINE IS AUGUST 1*

The coaches from the Seacoast United (SU) camp return for a six-week Fall Soccer program that stresses skill development, exercise and FUN in a non-competitive, supportive environment. Parent volunteer coaches will be paired with a professional SU coach to deliver a fantastic soccer curriculum. Shin guards are required! *Registrations after the August 1 deadline will be placed on a wait list. If a spot in the program becomes available, a late registration fee of $25 in addition to the program fee will be charged. No refunds after August 1.

Instructor: SU Staff & Volunteer Coaches
Date: Saturdays, August 26-October 14
(No soccer September 2 & October 7)
*Scholarships for any of our soccer programs are available from the Dan Fabio Soccer Scholarship. Requests may be made confidentially at the Community Programs office upon registration.

Entering Gr. K & 1
Participants in this co-ed program will review the basic soccer skills and game rules while being involved in 6v6 (no goalkeeper) games with an emphasis on good sportsmanship.

Entering Kindergarten
Time: 8:00-9:00am
Session: 41113.1A

Entering Grade 1
Time: 9:15-10:15am
Session: 41113.1B

Preschool Soccer
Ages 3-5
Coached by the staff at Seacoast United, children will enjoy these Saturday mornings of blended skills, stretching, and FUN in an introductory soccer program designed exclusively for preschoolers. Shin guards are required! No refunds after August 1. Late fee of $25 will apply after August 1.

Instructor: SU Staff
Date: Saturdays, August 19-September 30
(No soccer September 2)

Session 1: 41610.1A
Time: 9:00-9:45am

Session 2: 41610.1B
Time: 10:00-10:45am

Session 3: 41610.1C
Time: 11:00-11:45am

Entering Gr. 2-4
At this level, every effort will be made to form gender specific teams (pending participant numbers). Participants practice for the first half and a 6v6 game (plus goalkeeper) will follow.

Entering Grade 2
Time: 10:30-11:30am
Boys Session: 41113.1C
Girls Session: 41113.1E

Entering Grades 3 & 4
Time: 11:45am-12:45pm
Boys Session: 41113.1D
Girls Session: 41113.1F

Soccer Coaching Clinic

Soccer Coaching Clinic: NYSCA Certification
Mandatory for FCP Soccer Coaches

A FREE soccer coaching clinic is scheduled for parent volunteers vital to our program. Fundamentals, instructional ideas and tips on working with youth players will be covered. Outside soccer organizations are welcome to attend for a $20 certification fee. Upon clinic completion, coaches will have a grasp on how to manage and coach a team for the fall season. The first half of the clinic (held outdoors) requires attendance of both new and veteran FCP coaches, while the second half is for new coaches only. Remember, without an adequate coaching staff, Falmouth Community Programs cannot allow as many children to participate in the program. Thank you for volunteering. Please wear shorts and sneakers.

Leader: Matt Gilbert, NYSCA Chapter Director
Date: Thursday, August 17
Fee: FREE for FCP Coaches

Location: Mason-Motz Activity Center
Time: 6:00-9:00pm
Session: 11010.1B

Falmouth Community Programs, 190 Middle Road, Falmouth, Maine 04105  www.falmouthme.org
Concerts in the Park

Enjoy evenings of musical enlightenment. Bring your own picnics and don’t forget your blankets or lawn chairs. Events are family friendly and open to all ages. In the case of inclement weather, please contact FCP office after 2:00pm on concert day for updates at 699-5302.

Location: Village Park Gazebo  Time: 6:30-7:30pm  Fee: FREE!

The Flukes
A group of fun-loving ukulele musicians who’s repertoire ranges from Bach to the Beatles and beyond. Appealing to audiences of all ages.
Date: Monday, June 26

The Few
Amateur musicians from Yarmouth dedicated to having fun and playing great music for all to enjoy.
Date: Monday, July 10

2 For Jackson
National award winning duo, hailing from Maine playing old country, new country and more!
Date: Monday, July 24

Maine POPS Concert Band
A diverse selection of music, including pop and show tunes, big band jazz, symphonic melodies and more.
Date: Monday, August 7

Before you Head Out - Head IN!
Purchase your discount tickets at the FCP office for a summer of savings!

FCP Office Hours: Monday-Thursday 8am-5pm & Friday 8am-12pm
Credit Card payments now accepted for ticket purchases. Processing fee applies.